

Winnebago County Community Mental Health Board

Fiscal Year 2020
Annual Report



W C C M H B

Winnebago County
Community Mental
Health Board

Letter from Board President

Dear Winnebago County Residents,

First of all — thank you! Thank you for your overwhelming support for mental health in our community by voting to pass a one-half cent sales tax for Winnebago County. Because of your support, we will be able to increase the capacity of our local mental health system of care to meet the growing need for local mental health services. While we know there is still much work to be done, we are excited for the incredible impact this work will have on our community, and most importantly, the individuals who live with mental illness and substance abuse disorders and their families.

Like everyone, we've had to battle through changing conditions related to the COVID-19 pandemic over the past year. Despite many challenges, we are happy to report some successes, including our formation, the development and adoption of by-laws, hiring administrative support, developing a three-year strategic plan to improve and expand mental health substance abuse services in Winnebago County, and launching our first grant application to receive proposals for funding from service providers.

The Winnebago County Community Mental Health Board (WCCMHB) operates in accordance with Community Mental Health Act (Illinois Compiled Statutes, Chapter 405, Act 20). One of our requirements is to provide an annual report to our community outlining major activities, accomplishments, revenue, and expenses. We take pride in transparently providing you with this information. Please enjoy this report and know that your support made this work possible.

Sincerely,



Mary Ann Abate

Winnebago County Community Mental Health Board President

WCCMHB Members

Mary Ann Abate, President

Dick Kunnert, Vice President

Dr. Reverend K. Edward Copeland, Treasurer

Danielle Angileri, Secretary

Dr. Terry Giardini

Dr. Bill Gorski

Dr. Julie Morris

Timothy Nabors

Linda Sandquist

Wendy Larson-Bennett, Advisor

Jay Ware, Advisor



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For requests for accommodations, contact Jason Holcomb,
Community Health Coordinator at Region 1 Planning Council.
Email: jholcomb@r1planning.org; phone: (815) 277-1022.



About WCCMHB

The Winnebago County Community Mental Health Board (WCCMHB) was established by the Winnebago County Resolution 19-128, with seven inaugural board members unanimously approved on February 27th, 2020, and two at-large appointments approved on March 12th, 2020. Additionally, we appointed two non-voting advisors. We exist to improve community mental health and substance abuse services in Winnebago County through planning, grant-making, communications, coordination, and evaluation. Through an intergovernmental agreement, Region 1 Planning Council provides administrative and technical support for our work. WCCMHB meets on the first Wednesday of every month at 2 pm. If you would like to sign up for public comment, email info@mentalhealth.wincoil.us at least 48 hours in advance of any scheduled meeting. You will be given up to three minutes to make your comments.

Vision

Our hope for the community

We see a community where residents are knowledgeable about mental health and have access to high quality mental health and substance abuse services when and where they need them.

Mission

What we are doing about it

We are an appointed group of community leaders who are passionate about improving mental health and substance abuse services in Winnebago County and coordinate them through planning, funding, evaluation, and communication.

Values

Why we do what we do

Wellness – We support the Community Support System framework because it focuses on providing an array of services that bring people from illness to health.

Awareness – We believe mental illness and substance abuse disorders can occur at any age and can affect individuals across all domains including race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability, so we strive to educate all members of our community about mental health and substance use to increase mental health literacy and prevent mental illness and substance abuse disorders.

Collaboration – We believe that relationships are foundational to coordination so we practice teamwork and breaking down silos.

Transparency – We believe the best way to gain trust is to be truthful so we practice open and consistent communication about our work.

Diversity – We believe complex problems require perspectives from all areas of the community so we practice listening and cultural humility.

Client-Centered – We believe that people with mental illness and substance abuse disorders are important members of our community so we promote services that support them with compassion and unconditional positive regard.

Intersectional – We believe that mental health is interconnected with other parts of community life and personal identity so we promote solutions that address a combination of factors.

Trauma-Informed – We believe that no one who has experienced trauma should ever be re-traumatized during the process of seeking



out or receiving mental health or substance abuse services so we promote trauma-informed care in all areas of service delivery.

Accessibility – We believe mental health and substance abuse services should be accessible for all people irrespective of race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability so we promote ADA compliance, language access, and effective communication in all areas of service delivery.

Urgent – We operate with a sense of urgency knowing that gaps in care affect real people.

Emergent – We stay flexible in order to identify and address new issues in the service delivery system as they are developing.

Network-Driven – We work diligently to establish a broad and diverse coalition of community stakeholders dedicated to improving the mental wellbeing of our community.

Principles

How we operate

Evidence-Based – Our decisions are driven by the best available empirical evidence and data.

Process-Oriented – We use best-practice processes to guide planning, funding, evaluation, and communications.

Outcomes-Informed – We evaluate the results of our efforts by collecting and analyzing data in order to continuously improve and maximize impact.

Equity – We fund and measure results with equity in mind, analyzing needs and outcomes by race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability, or other demographic breakdowns.

Community Support System Framework



FY20 Activities

Over the past year, we have been methodical in our approach to improve the mental health and well-being of Winnebago County residents. WCCMHB’s 2020 fiscal year began October 1st, 2020, and ended September 30th, 2021, but our board was not fully formed until April 2020, so we only had about half of the fiscal year to work

together as a full board. One of the most foundation achievements of all the work we are doing was adopting the Community Support System framework to guide strategic planning. The Community Support System (CSS) framework (pictured) is rooted in the Community Support Program research that dates back to 1977 and is used for comprehensive, community-based mental health systems planning. The components of CSS represent the array of services and



opportunities that an adequate service system should include for the target population, all to be provided in the community.

To assess the array of services in the CSS framework, as they currently exist in our community, an Environmental Scan survey was sent out to 123 organizations that provide services to individuals with mental illness and substance abuse disorders. Fifty-four organizations responded to the survey, with forty-four completions. This data was foundational to the development of a public participation survey and our three-year strategic plan.

For a full list of highlights from Fiscal Year 2020, see the table below:

March 2020	Inaugural board meeting and ½ Cent Sales Tax approved by voter referendum
April 2020	Appointment of two at-large board members and two non-voting advisors.
May 2020	Election of board officers and bylaws adopted
June 2020	Presentation from Region 1 Planning Council regarding contracted administrative services and “Environmental Scan” survey questions approved
July 2020	A preliminary three-month budget and loan from Winnebago County Board approved; Introductory service agreement between the Region 1 Planning Council and the WCCMHB approved.
August 2020	Region 1 Planning Council services began; Environmental scan survey developed and administered; WCCMHB webpage developed and published
September 2020	FY21 Work Plan developed and approved; FY21 Budget developed and approved; Communications framework and calendar developed; Vision, Mission, Values, and Principles Statements drafted and discussed



FY20 Financials

Collection of the Winnebago County half-cent sales tax for mental health began in July 2020. While collected tax revenues are not received in the same month they are collected, they are still reflected in the budget for the month they were collected.

FY 2020 Revenue	
July Sales Tax Accrual	\$1,247,279.61
August Sales Tax Accrual	\$1,218,347.67
September Sales Tax Accrual	\$1,221,711.97
Total FY 2020 Revenue	\$3,687,339.25
FY 2020 Expenses	
State of IL Admin Fee for July Tax	\$18,709.19
State of IL Admin Fee for August Tax	\$18,275.22
State of IL Admin Fee for September Tax	\$18,325.68
Contractual Administrative Services	\$11,326.25
Total FY 2020 Expenses	\$66,636.34
FY 2020 Balance	
Revenue Less Expenses	\$3,620,702.91



Looking Ahead

While this report is for the fiscal year ending September 2020, this section highlights key achievements and plans for the Fiscal Year 2021 (October 31, 2020, to September 30, 2021).

October 2020	Vision, mission, values, and principles statements approved. Communications framework and calendar approved. Updated service agreement with Region 1 Planning Council approved.
November 2020	Environmental Scan survey data results published. Public Participation Survey approved and released to the public. WCCMHB logo approved.
December 2020	Results from the Public Participation Survey were analyzed and presented. Three-year strategic plan, a notice of funding opportunity, and drafted.
January 2021	Three-year strategic plan, a notice of funding opportunity, and grant application approved. Grant portal began accepting applications. WCCMHB hosted two information sessions via Zoom.
February 2021	Grant portal closed. 18 applications submitted.
March 2021	Board members to evaluate and score grant applications.
April 2021	Funding decisions made and funding agreements to be signed by approved applicants.
May 2021	Awards to be announced.
June 2021	First payments received by funded organizations. Communication to the public about funded programs.
July 2021	Technical assistance provided to funded organizations for data gathering and reporting. Continuous communication to the general public about funded programs.
August 2021	Fiscal year 2022 budget and work plan developed. Continuous communication to the general public about funded programs.
September 2021	First-quarter reports are due from funded organizations. Fiscal year 2022 budget to be presented to the Winnebago County Board for approval.



WCCMHB

Winnebago County
Community Mental
Health Board

Resources

Email: info@mentalhealth.wincoil.us

Website: r1planning.org/wcmhb

Facebook: [@wccmh](https://www.facebook.com/wccmh)

Instagram: [@wccmhb](https://www.instagram.com/wccmhb)

YouTube: [Winnebago County Community
Mental Health Board](https://www.youtube.com/WinnebagoCountyCommunityMentalHealthBoard)