



WCCMHB

Winnebago County
Community Mental
Health Board

**ANNUAL REPORT
FISCAL YEAR
2021**

October 2020 - September 2021



W C C M H B

Winnebago County
Community Mental
Health Board



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CONTACT
INFORMATION

WCCMHB

Winnebago County
Community Mental
Health Board



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Community Mental
Health Board](https://www.youtube.com/WinnebagoCountyCommunityMentalHealthBoard)



Email Sign Up:
[Mailchimp](#)



Instagram:
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For requests for accommodations,
contact Jason Holcomb, Director of Community Impact at
Region 1 Planning Council

Email: jholcomber1planning.org

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Prepared by **Region 1 Planning Council**

Jason Holcomb,
Director of Community Impact

Chelsey Glatz,
Community Impact Planner

Dear Winnebago County Residents,

Over the past year, it has been my pleasure to serve as Winnebago County Community Mental Health Board (WCCMHB) President. In the 2020 primary election, the half-cent sales tax was approved. The WCCMHB was quickly formed with the vision of creating a community where all residents are knowledgeable about mental health and have access to high-quality mental health and substance use services and where they need them. We launched a grant application, received 18 applications, and committed \$8.8 million to 15 mental health and substance use programs across Winnebago County.

We are immensely proud of the innovative and creative programs applying for WCCMHB funding. We believe Winnebago County can be at the forefront of mental health and substance use services and are eager to continue working with residents, organizations, and policymakers to execute that change. We believe mental illness does not discriminate based on age, so we are incredibly proud to announce that all four target populations (infant and early childhood mental health, serious emotional disturbances, serious mental illness, and substance use disorders) are being served by funded programs in our first program year of awards.

The COVID-19 pandemic has emphasized the need for increased, high-quality, and affordable mental health and substance use services throughout our community. The need has never been greater, and as we begin to return to pre-pandemic activities, our community needs to invest in these services. While we know there is still much work to be done, we are excited for the incredible impact this work will have on our community, and most importantly, the individuals who live with mental illness and substance use disorders and their families.

The Winnebago County Community Mental Health Board (WCCMHB) operates in accordance with Community Mental Health Act (Illinois Compiled Statutes, Chapter 405, Act 20). As part of that responsibility, we are tasked with creating an annual report outlining major activities, accomplishments, revenue, and expenses for our fiscal year. In an effort to be as transparent as possible, we take pride in providing the community with this information. We appreciate the ongoing support from the community and are looking forward to what the next year will bring.

Sincerely,

Mary Ann Abate

Mary Ann Abate
Winnebago County
Community Mental Health
Board President



LETTER
FROM OUR
PRESIDENT



ABOUT US

BOARD
MEMBERS

STAFF

ABOUT US

The Winnebago County Community Mental Health Board (WCCMHB) was established by the Winnebago County Resolution 19-128. Seven inaugural board members were unanimously approved on February 27, 2020, and two at-large appointments were approved on March 12, 2020. Additionally, two non-voting advisors were appointed. WCCMHB exists to improve community mental health and substance use services in Winnebago County through planning, grantmaking, community engagement, coordination, and evaluation. Through an intergovernmental agreement, Region 1 Planning Council provides administrative and technical support for our work.

WCCMHB meets on the first Wednesday of every month at 2 PM CST. Information about the Board Meetings is on our website's meetings page.

WCCMHB Members

Mary Ann Abate, President

Dick Kunnert, Vice President

Dr. Reverend K. Edward Copeland, Treasurer

Danielle Angileri, Secretary

Dr. Terry Giardini

Dr. Bill Gorski

Timothy Nabors

Linda Sandquist

Dr. Julie Morris (Resigned April 2021)

Wendy Larson-Bennett, Advisor

Jay Ware, Advisor

Region 1 Planning Council (R1 Planning) provides staff support for WCCMHB operations through an Intergovernmental Agreement; the Director of Community Impact serves as Director for WCCMHB.

R1 Planning Community Impact Team

Jason Holcomb, Director of Community Impact

Chelsey Glatz, Community Impact Planner

Kristen Hayden, Health Equity Associate

Joe Vadella, Research and Data Assistant

Dzeneta Dujkovic, Community Health Associate

Lauren Brun, Community Health Assistant



VISION

MISSION

VISION

Our hope for the community

We see a community where residents are knowledgeable about mental health and have access to high quality mental health and substance abuse services when and where they need them.

MISSION

What we are doing about it

We are an appointed group of community leaders who are passionate about improving mental health and substance abuse services in Winnebago County and coordinate them through planning, funding, evaluation, and communication.



VALUES

VALUES

Why we do what we do

Wellness - We support the Community Support System framework because it focuses on providing an array of services that bring people from illness to health.

Awareness - We believe mental illness and substance abuse disorders can occur at any age and can affect individuals across all domains including race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability, so we strive to educate all members of our community about mental health and substance use to increase mental health literacy and prevent mental illness and substance abuse disorders.

Collaboration - We believe that relationships are foundational to coordination so we practice teamwork and breaking down silos.

Transparency - We believe the best way to gain trust is to be truthful so we practice open and consistent communication about our work.

Diversity - We believe complex problems require perspectives from all areas of the community so we practice listening and cultural humility.

Client - Centered - We believe that people with mental illness and substance abuse disorders are important members of our community so we promote services that support them with compassion and unconditional positive regard.

Intersectional - We believe that mental health is interconnected with other parts of community life and personal identity so we promote solutions that address a combination of factors.

Trauma-Informed - We believe that no one who has experienced trauma should ever be re-traumatized during the process of seeking out or receiving mental health or substance abuse services so we promote trauma-informed care in all areas of service delivery.

Accessibility - We believe mental health and substance abuse services should be accessible for all people irrespective of race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability so we promote ADA compliance, language access, and effective communication in all areas of service delivery.



PRINCIPLES

PRINCIPLES

How we operate

Evidence-Based – Our decisions are driven by the best available empirical evidence and data.

Process-Oriented – We use best-practice processes to guide planning, funding, evaluation, and communications.

Outcomes-Informed – We evaluate the results of our efforts by collecting and analyzing data in order to continuously improve and maximize impact.

Equity – We fund and measure results with equity in mind, analyzing needs and outcomes by race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability or other demographic breakdowns.

Urgent – We operate with a sense of urgency knowing that gaps in care affect real people.

Emergent – We stay flexible in order to identify and address new issues in the service delivery system as they are developing.

Network-Driven – We work diligently to establish a broad and diverse coalition of community stakeholders dedicated to improving the mental wellbeing of our community.



COMMUNITY SUPPORT SYSTEM FRAMEWORK

Community Support System Framework

One of the foundations of all the work we are doing is the Community Support System framework, which guides our strategic planning. The Community Support System (CSS) framework is rooted in the Community Support Program research that dates back to 1977, linked with the community mental health and deinstitutionalization movement. The CSS framework provides a framework for municipalities to use in comprehensive, community-based mental health systems planning.

The components of CSS represent the *array of services and opportunities that an adequate service system should include* for the target population, all to be provided in the community.

As such, this model was adopted by WCCMHB and was used as a map to guide the planning process, from the environmental scan and public participation survey to the data synthesis, framing strategic issues, the establishment of priorities, and development of goals and intended outcomes. For each priority area, represented in the visual as a “spoke” in the wheel, there are corresponding service areas.

For example, the “Treatment” priority area includes the service areas of Diagnostic Evaluation, Supportive Counseling, Medication Management, and Substance Abuse Treatment.

The priority areas and their included service areas are shown with the corresponding color based on the framework.

Our decisions based on the CSS are outlined in the Three-Year Strategic Plan we published this year.

Client Identification and Outreach

- Client Identification
- Outreach
- Transportation Assistance

Housing

- Supportive Housing
- Residential Assistance for Homeless Mentally Ill Persons

Health and Dental Services

Mental Health Treatment

- Diagnostic Evaluation
- Supportive Counseling
- Medication Management
- Substance Abuse Services

Crisis Response Services

- Crisis Telephone Services
- Walk-In Crisis Services
- Crisis Outreach Services
- Crisis Residential Services

Income Support

Peer Support

- Self-Help
- Consumer-Operated Services

Family and Community Support

- Assistance to Families
- Education for the Community

Rehabilitation Services

- Social Rehabilitation
- Vocational Rehabilitation

Protection and Advocacy

Case Management



COMMUNITY
SUPPORT
SYSTEM
FRAMEWORK



Community Support System Framework



FISCAL YEAR 2021 ACTIVITIES

Fiscal Year 2021 Activities

Fiscal Year 2021 was the first full year of board activity since the board was in existence for only part of the Fiscal Year 2020. WCCMHB's Fiscal Year 2021 began October 1, 2020, and ended September 30, 2021. Each year, the board develops a work plan that guides their activities for the ensuing year. This work plan also accompanies the annual budget submitted to the Winnebago County Board for approval. Our approved work plan and budget can be found on our website under disclosures. Below, we highlight some of our significant accomplishments achieved over the past year.

Highlights and accomplishments from the Fiscal Year 2021

October 2020

- Vision, Mission, Values, and Principles statements drafted and approved
- Communications framework and calendar approved
- Renewal Service Agreement with Region 1 Planning Council approved

November 2020

- Environmental Scan data results published
- Public Participation Survey approved and released to the public
- WCCMHB logo approved

December 2020

- Results from the Public Participation Survey were analyzed and informed strategic planning
- Three-Year Strategic Plan and Notice of Funding Opportunity drafted and presented to the board for approval

January 2021

- Three-Year Strategic Plan, Notice of Funding Opportunity, and Grant Application approved and published
- Grant portal opened, and programs started filling out applications
- WCCMHB hosted two information sessions via Zoom

February 2021

- Grant portal closed with 18 applications submitted

March 2021

- Annual Report Fiscal Year 2020 approved and published
- Grant applications processed for review, and board members started evaluations



FISCAL
YEAR 2021
ACTIVITIES

April 2021

- Board members evaluated and discussed grant applications
- Board recommendations for funding developed
- Board member Dr. Julie Morris resigned

May 2021

- Funding decisions made by board vote
- Funding Agreements and Work Plans entered with funded agencies

June 2021

- Program Year 2021-2022 began
- Special Board Meeting to publicly announce the funded programs descriptions
- Funding Agreements and Work Plans finalized with all funded organizations
- New board member profile created and application launched for open board seat

July 2021

- Technical assistance provided to funded organizations for data gathering and reporting
- Hosted first Learning Network Collaborative meeting for funded programs
- Received 14 applications for open board seat

August 2021

- Fiscal Year 2022 budget and Work Plan developed and approved by WCCMHB
- Funded programs started to submit payment requests for their first months of implementation
- Board vote for recommendation of new board member to Winnebago County Board Chairman

September 2021

- First-quarter reports due from funded organizations
- Fiscal Year 2022 budget submitted to and approved by the Winnebago County Board
- Hosted second Learning Network Collaborative meeting for funded programs



FISCAL
YEAR 2021
FINANCIALS

Fiscal Year 2021 Financials

Collection of the Winnebago County half-cent sales tax for mental health began in July 2020. While collected tax revenues are not received in the same month they are collected, they are still reflected in the budget for the month they were collected. \$8.8 million in funding was awarded for Program Year 2021-2022 grant awards. Only the portion of these awards allocated in Fiscal Year 2021 is listed in the budget below. Additional funding for these programs will be allocated in Fiscal Year 2022. Next to each budget line item, in parentheses, is the associated county object number.

Fiscal Year 2021 Revenue

Mental Health Sales Tax Accrual (32229)	\$16,830,473.36
Interest (39210)	\$290.07
State of IL Admin Fee (32228)	-\$252,457.11
Total Fiscal Year 2021 Revenue	\$16,578,306.32

Fiscal Year 2021 Expenses

Legal (431040)	\$12,626.25
Contractual Staff (43155)	\$163,029.96
Grant Funded Programs (43190)	\$887,470.66
Dedicated Technology (43198)	\$7,651.88
Communication Engagement (43420)	\$2,303.63
Liability Insurance (43510)	\$13,579.00
Membership Dues (43941)	\$500.00
Total Fiscal Year 2021 Expenses	\$1,087,161.38

Fund Balance

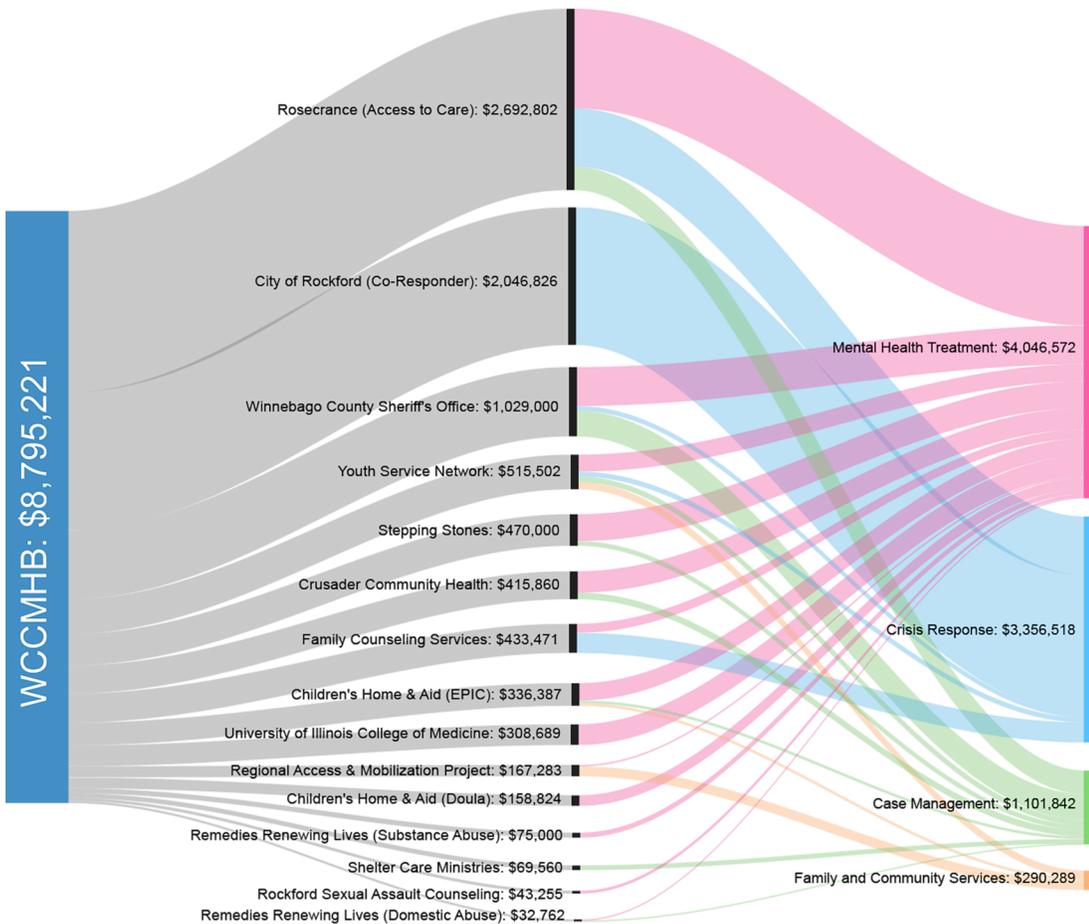
FY 2020 Year End Balance	\$3,620,702.91
FY 2021 Revenue Less Expenses	\$15,491,144.94
FY 2021 Year End Balance	\$19,111,847.80

Program Year 2021 - 2022 Funded Programs

Funding totaling \$8.8 Million will support priority areas of mental health treatment, case management, crisis response services, and family and community support. The target populations are infant and early childhood mental health, severe emotional disturbances in children, serious mental illness in adults, and substance abuse disorder in all ages. The visualization below shows the amount awarded for each funded program on the left, indicating the name of the "lead" agency for each award. In many cases, the actual program is a collaboration of multiple organizations. Additional participating organizations' logos can be with the Funded Program descriptions starting on page 16. On the right side of the image, funding amounts are illustrated by priority area. The amount of funding allocated to each priority area was estimated by each organization in their grant applications.



PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS





PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS

Program Year 2021 – 2022 Funded Programs

Children’s Home and Aid – Winnebago County Doula Program



children’s home & aid

The Doula Program through Children’s Home and Aid proposes adding two additional doulas, or trained professionals who provide continuous physical, emotional and informational support to a mother before, during, and shortly after childbirth to assist new, young mothers with attachment, regulation and other common issues that arise during the perinatal period.

Children’s Home and Aid – Early Prevention in the Community EPIC



children’s home & aid

Children’s Home and Aid’s Early Prevention in the Community (EPIC) Program will aim to hire three new licensed therapists and one intake coordinator to provide trauma-informed individual and group counseling for students in the Harlem Unit School District 122 to reduce symptoms of trauma and allow students to fully engage in both school and community.

Family Counseling Service of Northern Illinois – Expansion of Therapist and Additional Training and Office Space



FCS | Family Counseling Services
Live Life. Moving Forward.

Family Counseling Services program will aim to hire five full time equivalent professional counselors and one administrative staff member to provide additional trauma-informed counseling services. Funds will also be used to train new and old staff members in HIPAA compliance, domestic violence, trauma-informed care, and telehealth as well as expand current office space.

Crusader Community Health – Crusader Behavioral Health Services Expansion



Through the Crusader Behavioral Health Services Expansion at Crusader Community Health, three full-time licensed Behavioral Health Providers will be hired to provide increased mental health services for children, adolescents, adults, and families with behavioral health needs. Additionally, telepsychiatry services will be developed and implemented to provide diagnostic evaluation, medication management, in-service trainings, and consultation services for adult patients. A Behavioral Health Certified Medical Assistant will provide patient care, case management, and will support psychiatry and behavioral health staff. Finally, a Behavioral Health Case Manager will support and provide case management for patients receiving MAT services as well as providing coordination, collaboration, advocacy, and support for patients and families with complex needs.

City of Rockford – The Mental Health Co-Responder Program



This initiative changes the way law enforcement traditionally responds to behavioral health crises by including a mental health clinician on the initial response, while also providing follow up services to link individuals to the care they need.

The Mental Health Co-Responder Program will be an initiative aimed at helping individuals with mental illness and substance abuse disorders, and in partnership with WCCMHB will develop an evidence-based/best-practice design for the program.



rosecrance®



PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS



PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS

Regional Access and Mobilization Project, Inc. (RAMP) – Independent Living Services and Training



The Independent Living Services and Training program through Regional Access and Mobilization Project, or RAMP, will partner with a number of community organizations to provide mental health training and advocacy. RAMP will also provide services that support and assist families.

Remedies Renewing Lives – Domestic Violence Program Therapy and Advocacy Project



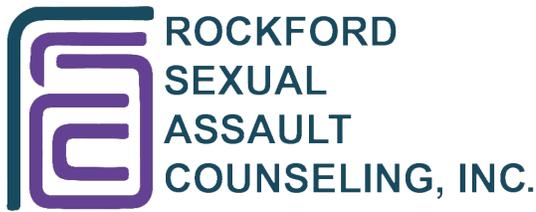
The Therapy and Advocacy Project of Remedies Renewing Lives domestic violence program includes a full-time therapist and advocate to provide immediate and ongoing therapeutic and advocacy-based crisis support with survivors accessing the agency's 24-hour emergency shelter and/or non-residential programming. Services will also address case management needs, linkage with area resources and safety planning. All services are confidential, free of charge, and will be provided in a manner that supports autonomy. It is projected that 100 adult survivors will be supported by funding from the Winnebago County Community Mental Health Board.

Remedies Renewing Lives - Position to Provide Mental Health/ Case Management Services for Substance Abuse Clients



The Mental Health and Case Management Services Project of Remedies Renewing Lives will provide for an additional licensed mental health clinician for the agency's substance use disorder program. In addition to therapeutic support, the clinician will provide enhanced case management services with clients struggling with mental health. The project also aims to expand and enhance Remedies Renewing Lives substance use disorder family programming and services.

Rockford Sexual Assault Counseling – Outreach Therapist



With grant funding from the Winnebago County Community Mental Health Board, Rockford Sexual Assault Counseling would hire an outreach therapist to provide full-time counseling at local schools to support child and adolescent survivors confidentially, in a continuum of care, and in a supportive environment.



PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS

Rosecrance, Inc. – Rosecrance Access to Care



Rosecrance's program, Access to Care will propose hiring nearly twenty full time equivalent staff members for three programs to increase mental health care in Winnebago County; Access to Care which provides care and case management to individuals aged 3-21; Community Psychiatry which provides diagnostic evaluation of diagnoses, medication, and recovery; and expanding service at the Rosecrance Mulberry Center that cares for individuals experiencing mental health or substance use crises.

Shelter Care Ministries – Jubilee Member Care Coordination



The Jubilee Member Care Coordination program proposes to expand services for adults who qualify for membership at the Jubilee Center to include outreach services, home-based visits, and case management services specifically for individuals who are housed by employing additional care coordinators.



PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS

Stepping Stones – Stepping Stones Counseling Center



Stepping Stones Counseling Center will provide compassionate, trauma-informed, value-based community mental health services to individuals and families facing mental and behavioral health barriers in Winnebago County. Mental Health Treatment Services and Case Management offered at the Center will expand and enhance mental health recovery options in Winnebago County. The goal will be to provide children, adolescents and adults with serious mental illness and serious emotional disturbances with Mental Health Treatment including Diagnostic Evaluation, Supportive Counseling, Medication Management and Case Management services in an individual, group or family setting.

University of Illinois College of Medicine – The CARE Program (Compassionate Appreciation for Recovery in Everyone)



The University of Illinois CARE program will build on a partnership with the Winnebago County Jail to provide services for formerly incarcerated people to receive mental health and substance use disorder treatment upon returning to the community.

Winnebago County Sheriff's Office – Winnebago County Jail
Behavioral Health System - Enhanced



**WINNEBAGO COUNTY
SHERIFF'S DEPARTMENT**

The Winnebago County Jail Behavioral Health System-Enhanced program through the Winnebago County Sheriff's Office will aim to expand the number of mental health and substance use service providers within the County Jail to provide additional mental health services, including suicide risk assessment and prevention services, for incarcerated individuals. Additionally, the newly hired service providers will help to connect individuals with community support and service providers upon discharge.



**PROGRAM YEAR
2021-2022
FUNDED
PROGRAMS**

Youth Services Network – Youth Trauma Clinic (YTC)



Youth Services Network will utilize Winnebago County Community Mental Health funds to open a Youth Trauma Clinic that will provide trauma treatment through Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Play Therapy, and Motivational Interviewing with wraparound services for youth in the community. Additionally, this program will provide transitional living and mobile services for adolescents.



WCCMHB

Winnebago County
Community Mental
Health Board

