

WCCMHB PY3/PY24 Core Programs Outcome Domains

Organization	Program Name	Name	Success/Goal	Domain	CSS Category (if applicable)
Alignment Rockford	How are the Children? Systems Change through Community Data	Hire Data and Mental Health Project Manager and EDI Community Coordinator	Hire two full-time EDI specific staff	Staffing	
		Contract with UCLA	Fully Executed Contract	Systems Coordination	
		Agreement with RPS 205 to move EDI cadence up one year	Contract with UCLA signed and data sharing agreement organized	Systems Coordination	
		County School Districts and other schools are recruited and their communities engaged	All school districts in County sign UCLA contract, data sharing agreements and begin orientation for CHEQ preparations. At least 1/2 of private/parochial schools with Kindergarten classes commit to the EDI, signed with UCAL	Systems Coordination	Family and Community Support
		Staff are trained by UCLA on EDI and CHEQ implementation and community engagement	Staff are highly equipped with understanding of tool, implementation, and community engagement process	Workforce / Professional Development	
Boys & Girls Club of Rockford	Social Emotional Skill Building and Severe Emotional Disturbance Services	Case Management System	Implement case management system through My Club Hub to track youth progress	Case Management / Follow-Ups / Wrap Around	Case Management
		Reoccurring Check-Ins with Youth Members	No 1-on-1 check-ins occur with members on reoccurring scheduled basis	Case Management / Follow-Ups / Wrap Around	Case Management
		SEL Survey for Members	Utilize a survey tool (Hello Insight) to survey SEL for members with 50% response/completion rate	Symptomatology	Client Identification and Outreach
		Quarterly SEL/Professional Development Training Calendar	Develop annual staff training calendar and host 1 SEL training per quarter to club staff	Workforce / Professional Development	
		Trauma Training During On-Boarding	Facilitate condensed 30 minute trauma training to all new hires prior to them working in the clubs	Workforce / Professional Development	
Boys & Girls Club - Rockford Barbell	Youth Self-Regulation Programs	Hours of Service	Quarterly family nights for education and engagement of the regulation programs. Goal is to engage with a total of 35 families.	Access / Wait Times	
		Increase family education on serious emotional disturbance	Weekly program updates sent via email. Increase social media followers and accounts reached and newsletter accounts reached by 10%	Community Outreach / Education	
		Persons and families served	250 youth	Numbers Served	
		Perception of Care	50% of parents will complete parent feedback form on services provided.	Perception of Care	
		Coordination	12 presentations to local school staffs (teachers, principals, support staff, etc.)	Systems Coordination	Promotion and Awareness
		Coordination	Total of 18 outreach presentations with community organizations during program year 22-23	Systems Coordination	Promotion and Awareness
		Meeting client treatment goals	85% of clients, who have 70% attendance or better, will meet treatment goals.	Treatment Method	Mental Health Treatment
Brightpoint	Doula	Virtual vs. In Person Delivery	100% of participants will be offered in person services.	Access / Wait Times	
		Educational Events	12 educational events will be completed	Community Outreach / Education	Promotion and Awareness
		Customer Satisfaction	75% of participants will report they are satisfied with services, determined through a customer satisfaction survey	Perception of Care	
		Mother's served	40 expectant mothers will be served	Numbers Served	
		Decreased Post Partum Depression	70% of mothers will have no change or lower score on the Edinburgh Postnatal Depression Scale test	Symptomatology	Mental Health Treatment
		Maternal Mental Health	90% of expectant mothers will have decreased maternal stress, measured with doula Parent Survey	Symptomatology	Mental Health Treatment
		Parent- child attachment	90% of parents will have no change or a stronger parent-child attachment, measured by Protective Factors Survey	Symptomatology	Mental Health Treatment
		Maintain Partnerships and increase collaboration	Engage in 4 collaborative events with community partners	Systems Coordination	Family and Community Support
Brightpoint	EPIC	Educational events, increasing community knowledge of EPIC.	4-5 Educational or community networking events attended.	Community Outreach / Education	Promotion and Awareness
		Participants will demonstrate improvement of symptoms from intake through the reporting period.	75% of cases (Open a minimum of 6 months) report an improvement of symptoms from intake through the reporting period	Symptomatology	Mental Health Treatment
		Families feel more equipped to overcome challenges in their lives.	75% of families agree or strongly agree they have felt confident in their ability to overcome challenges.	Symptomatology	Mental Health Treatment
		Expand Partnerships	3 new community partnerships per quarter.	Systems Coordination	
		Referrals from partners	75 new referrals per year	Systems Coordination	

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Brightpoint	TRIO	Participants will feel more knowledgeable about resources and where to retain them.	75% of families will agree or strongly agree that they feel knowledgeable and aware of resources in the community and know how to obtain them.	Case Management / Follow-Ups / Wrap Around	Case Management
		Families served (Distinct from individual clients served)	40 families served per year.	Numbers Served	
		Families feel more equipped to overcome challenges in their lives.	75% of families agree or strongly agree they have felt confident in their ability to overcome challenges.	Symptomatology	Mental Health Treatment
		Expand Partnerships	3 new community partnerships per quarter.	Systems Coordination	
		Referrals from partners	50 new referrals per year	Systems Coordination	
Circle of Change	Youth Dog Program & First Responder Dog Program	Steady Enrollment Numbers (YDP)	Enrollment numbers would average 8 students per class, in each 8-week session.	Numbers Served	
		Consistent Attendance (YDP)	Our goal is to have 90% of all participants, attending at a rate of 80% or more classes during a session.	Numbers Served	
		Get First Responder Participants	Our goal is to get at least 6 First Responders to begin regularly attending FRDP classes.	Numbers Served	
		Diversity	Our goal is to have a cross-section of individuals that represent a very diverse group of individuals based on race, ethnicity, color, national origin, disability, age, sexual orientation, gender, gender expression, genetic information, religion, and First Responder occupation.	Numbers Served	
		Maintain / Increase "Measure of Success" Rates (YDP)	70% of participants report an increase of at least a 50% improvement in life satisfaction from the beginning of the session.	Symptomatology	Mental Health Treatment
		Maintain / Increase "Measure of Success" Rates (FRDP)	At least 50% of our participants report an increase of life satisfaction after 8 weeks or more of attending sessions.	Symptomatology	Mental Health Treatment
		Strengthen Partnership with Area School Districts (YDP)	To have all of these large area school districts to serve Winnebago County be educated on the Circle of Change - Youth Dog Program and have a staff person(s) or department, designated to be the "point person" to facilitate referrals in each district.	Systems Coordination	Client Identification and Outreach
		Standard Referral System (Both)	Circle of Change will create an online/printable, standardized referral form that can be used across all Circle of Change dog programs. Form would be always accessible on the new website.	Systems Coordination	
		Establish Referrals for FRDP	Our goal is to establish trust and begin to get referral sources for the FRDP by May 2024.	Systems Coordination	
		Course Enrichment	Our goal is to create 36 defined class curriculum "module" lessons that can be pulled from each 8-week session to streamline planning, organization, and communication.	Treatment Method	
		Trauma Informed Care Class Offering (Both)	Our goal is to have ALL Staff and Volunteers who are interacting with the participants of any of our programs, take a Trauma Informed Care Training.	Workforce / Professional Development	
		Review & Update Cultural Diversity & Risk Management Plans	Our goal is to review both the Cultural Diversity & Risk Management Plans and make updates where it is determined necessary.	Workforce / Professional Development	
City of Rockford	Crisis Co-Response Team	Response Time	CCRT will increase 0-2 day response time by 5% with the goal of meeting with the client during hours of operations 75% of the time.	Access / Wait Times	Crisis Response
		Engage, stabilize, link and follow up to ensure care coordination	# of calls for care coordination exceed repeat callers by 10% quarterly	Case Management / Follow-Ups / Wrap Around	Case Management
		Education	Goal to conduct a minimum of 3 educational trainings quarterly	Community Outreach / Education	Family and Community Support
		Individuals Served	Meet or exceed goal of 1800 unduplicated individuals per PY and collect demographic information.	Numbers Served	
		Perception of Care	CCRT will obtain client satisfaction surveys on a minimum of 25 of 100 clients served per quarter. Goal to have 95% satisfaction rating.	Perception of Care	
		Reduce incarceration for all individuals who are experiencing behavioral health crisis	CCRT will increase deflection to community resources and maintain <5% encounters resulting in incarceration whenever clinically/legal appropriate	Recidivism / Readmission	Protection and Advocacy
		Utilize Evidence-based screening to assess for suicide risk	100% of calls dispatched and coded from 911 as suicidal will receive a suicide risk assessment	Symptomatology	Mental Health Treatment

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		Awareness	conduct a minimum of 3 contacts quarterly with community agencies	Systems Coordination	
City of Rockford	Mobil Integrated Health - Mental Health Program	Awareness	Complete 15 trainings per quarter for a total of 60 for the year.	Community Outreach / Education	Family and Community Support
		Persons and Families Served	1800	Numbers Served	
		Target Populations	N/A	Numbers Served	
		Perception of Care	Each quarter increase the completion percentage by 5% with a year-end goal of 40% of surveys being completed.	Perception of Care	
		Reduction of Readmission and Emergency Department Visits	Reduce the number of visits to the emergency department by 25% each quarter from the previous year.	Recidivism / Readmission	Protection and Advocacy
		Meeting Patient Treatment Goals	Of that 80% we would like to see 60% of those individuals move towards accomplishment.	Symptomatology	
		Coordination	Gain five additional partnerships each quarter to have a total of 50 by the end of the year.	Systems Coordination	
City of Rockford	Inclusive Wellness Programming at the Family Peace Center	Clients Return Engagement with FPC Supportive Services	5 clients will return at least twice per quarter	Perception of Care	
		Hire Mental Health Case Manager	Hire MH Case Manager and determine caseload, data collection, and other ongoing projects for this staff person	Staffing	
		Maintain staff satisfaction with their work and decrease trauma symptoms	Continue collecting staff data, begin collecting partner data in December 2023, and use data to inform ongoing work.	Symptomatology	Mental Health Treatment
		Increase wellness opportunities for survivors and staff and increase survivor participation through expansion of culturally diverse offerings and linkage to those offerings	1. Increase survivor support groups to twice weekly 2. Conduct survivor feedback surveys to gather ideas for additional wellness offerings (include: nutrition classes, yoga, acupuncture, journaling, financial wellness, and sexual health). 3. Determine regular cadence for other peer support opportunities and how to meaningfully incorporate partners into these group offerings.	Treatment Method	Peer Support
		Services Provided by Mental Health Case Manager	20 clients will receive at least 1 services per quarter	Treatment Method	Mental Health Treatment
		Trauma Coping Strategies Introduced	Introduce at least 4 new coping strategies per quarter.	Treatment Method	Mental Health Treatment
		Improve staff knowledge and confidence in responding to survivors experiencing trauma, mental health symptoms, and/or crises by increasing collaborative MH partners	1. Determine qualified therapist to consult on FPC cases. 2. Regular, ongoing consultation and training between qualified therapist and FPC staff. 3. Add additional mental health partner and/or collaboration on site at FPC, maybe even a crisis partner.	Workforce / Professional Development	
City of Rockford Health & Human Services Department	IMPACT (Integrated Mobile Partners Action Crisis Team)	Obtain rental units for transitional housing	Must find and get master leases for 8 1-bedroom apartments	Housing	Housing
		Enroll mentally ill participants into the transitional housing program	Move in at least 8 unsheltered, mentally ill persons into the nits and work with them to obtain needed services and permanent housing.	Housing	Housing
		Obtain client referrals & enroll participants	To enroll 50 participants by the end of the program year.	Numbers Served	
		Hire program staff	Hire 4 MH navigators, 1 housing navigator, and set up clinic supervision for staff.	Staffing	
Crusader	Behavioral Health Services	Wait time/Access (for all behavioral health staff and service lines)	i. Increase by 5% within 3 days ii. Increase by 5% within 4-7 days iii. Decrease by 5% appointment +7 days	Access / Wait Times	
		Track the number of Case Management services (for only the funded WCCMHB positions)	increase by 10% by end of PY24	Case Management / Follow-Ups / Wrap Around	Case Management
		Increase Multimedia Outreach Tactics to Increase Awareness	5 outreach and awareness activities within PY24	Community Outreach / Education	Promotion and Awareness
		Patient Satisfaction Survey (for all behavioral health staff)	i. Increase patient response rate by 10% ii. Increase patient response rate by 5% iii. Develop, implement, and report results of a BH Case Management survey by end of PY24	Perception of Care	
		Increase patients served across the organization (total unduplicated patients for all behavioral health staff and service lines) by age	increase by 5% for each service line (BHP/BHC, Case Management, Psychiatry) by the end of PY24	Numbers Served	
		Behavioral Health Provider/Consultant Services- Unduplicated and duplicated (for only the funded WCCMHB positions)	increase by 5% by the end of PY24	Numbers Served	
		Telepsychiatry Services- Unduplicated and duplicated	increase by 5% by the end of PY24	Numbers Served	
		Increased patients provided MAT services- unduplicated	increase by 20% by the end of PY24	Numbers Served	

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Family Counseling Services	Service Expansion 3.0	Wait Times	80% of clients will be scheduled for their first therapy session within 4 weeks of their initial intake session.	Access / Wait Times	
		Continue and further expand telehealth and off-site sessions	Offer telehealth options to any clients who would like them, especially for those who have barriers to attending in person. Conduct offsite sessions at a minimum of one other location in addition to the Family Peace Center.	Access / Wait Times	
		Awareness	Send out a quarterly newsletter, participate in at least 6 resource fairs/community events, advertise across media to reach target audience, maintain and update user friendly and informative website, expand social media presence.	Community Outreach / Education	Promotion and Awareness
		Perception of care	Maintain 95% or higher of survey respondents reporting satisfaction with their therapist and therapy sessions.	Perception of Care	
		Employee 9 FTE Therapists, including those who represent race/ethnicity & LGBTQ diversity, and those who serve children.	Hire 3.5 FTE Therapists, including one male, one bi-lingual Spanish & English therapist, and at minimum maintaining current diversity of staff.	Staffing	
		Survey respondents experience stabilization, improvement, or maintenance	Maintain at least 90% of clients completing survey reporting their functioning is stable, improved, or maintaining after therapy.	Symptomatology	Mental Health Treatment
		Progress in symptoms or functioning	80% of clients report improved functioning after attending counseling for at least 3 sessions; At least 90% of clients report learning new ways to cope or manage symptoms.	Symptomatology	Mental Health Treatment
		Internships	Host 4 or more clinical interns in PY24, hire at least one.	Workforce / Professional Development	
Lifescape	Senior Mental Health Program (SMHP)	Healthy IDEAS Program Enrollment	Enroll 50 Older Adults 60+ in Healthy Ideas	Numbers Served	
		Perception of Mental Health Care	Improve Older Adults perception of care.	Perception of Care	
		Collaborative Relationships with Counselors	Build collaborative relationships with area counselors as a referral base for SMHP clients.	Systems Coordination	
		Depression Screenings	Complete 350 Depression Screenings on Older Adults 60+	Treatment Method	Client Identification and Outreach
		Suicide Risk Assessments	Complete 50 Suicide Risk Assessments on Older Adults 60+	Treatment Method	Client Identification and Outreach
		Peer Support Group	Develop and implement a peer support group for clients who completed and are currently enrolled in Healthy IDEAS	Treatment Method	Peer Support
NAMI Northern Illinois	Support, Education, and Mental Health Advocacy	Mobile Services	Mobilizing peer support groups; Increasing locations of support groups to meet individuals and families in community they live in	Access / Wait Times	
		Translation Services	Begin translation for Mental Health Advocate Program in Spanish	Access / Wait Times	
		Awareness	NAMI Northern Illinois will offer partner agencies time to present their services to the public via our monthly education platform: Leading the Conversation. Goal is to increase knowledge of 350 participants total.	Community Outreach / Education	Promotion and Awareness
		Awareness/Education	Host in-person and virtual family and community education events to increase knowledge of diagnoses, treatment options, levels of care, suicide prevention, etc.	Community Outreach / Education	Promotion and Awareness
		Persons & Families Served	Serve 250 individuals and/or families in our Mental Health Advocate Program	Numbers Served	
		Clients' Overall Satisfaction	93%	Perception of Care	
		Symptom Improvement/Satisfaction/Perception of Care	Of the individuals and/or families served by the Mental Health Advocate Program, 90% will see an increase in wellness as shown by pre- and post- Short Warwick Edinburgh Mental Wellbeing Scale - (S) WEMWBS Receive 90% on returned satisfaction survey created by NAMI Northern Illinois	Symptomatology	Mental Health Treatment
		Client wellbeing self-evaluation	90%	Symptomatology	Mental Health Treatment
NICNE	Rockford Area Case Management Training and Community of Practice	Hire Rockford Area Case Management Coordinator	Hire individual to dedicate time to enhanced education and training of Winnebago County Case Mangers.	Staffing	
		Train case managers in a person-center, outcome-based approach to case management.	Large group training offered twice per year.	Workforce / Professional Development	
		Monthly panel discussions or presenters will increase knowledge of available services or best practices delivery models.	Case managers are aware of services available in the community and how to access those services or utilize best practices.	Workforce / Professional Development	

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		Engage research institution to develop an evaluation tool for the case management initiative.	Enhance case management training and Community of Practice to ensure research-based, best practices.	Workforce / Professional Development	
OSF Healthcare System dba Saint Anthony Medical Center	OSF St. Anthony Medical Center Trauma Recovery Center	Participate at Community Public awareness/resource events.	We will attend 6 public awareness/resource events for FY24.	Community Outreach / Education	Promotion and Awareness
		Provide Case Management services to unduplicated clients.	We will provide Case Management Services to 24 unduplicated clients for FY24.	Numbers Served	
		Provide Advocacy services to unduplicated clients.	We will provide Advocacy services to 24 unduplicated clients for FY24.	Numbers Served	
		Provide Counseling services to unduplicated clients.	We will provide counseling services to 48 unduplicated clients for FY24.	Numbers Served	
		Provide Therapy services to unduplicated clients.	We will provide therapy services to 72 unduplicated clients for FY24.	Numbers Served	
		Design and implement a new TRC database.	We will have a completed database by the end of FY24.	Numbers Served	
Prairie State Legal Services	Legal Services for Winnebago Residents with Mental Illness	Offer translation services to all potential clients with Serious Mental Illness and language barriers to eliminate such barriers to accessing legal advice and representation.	100% of clients self-identified as requiring translation or interpretation services will be provided those services.	Access / Wait Times	
		Potential clients with mental illness will be better informed of the legal services offered by PSLs to people with serious mental illness.	PSLS will conduct at least three legal presentations at an organization that serves people with mental health issues.	Community Outreach / Education	Client Identification and Outreach
		PSLS will build relationships with and a network of agencies that serve people with serious mental illness for purposes of collaboration and cross-referrals	PSLS will develop and maintain network with at least two agencies that serve peoples with serious mental illness and will communicate with them regularly to remind them of referral opportunities.	Systems Coordination	
		PSLS will provide legal services for Winnebago County residents with serious mental illness.	With this funding, PSLs will provide legal services to 25 unique clients residing in Winnebago County with serious mental illness.	Treatment Method	Protection and Advocacy
		PSLS will provide legal advice for Winnebago County residents with serious mental illness, resulting in a better understanding of the client's legal options	In 90% of cases involving legal advice only, the client will express understanding the advice provided.	Treatment Method	Protection and Advocacy
		PSLS will provide extended services (i.e., court representation or negotiation) for Winnebago County residents with serious mental illness, resulting in positive outcomes related to housing, safety, and stability.	In 70% of cases involving extended services, PSLs staff will achieve or partially achieve a positive outcome.	Treatment Method	Protection and Advocacy
RAMP	Mental Health Services and Training	Clients served in a timely manner.	85% of consumers surveyed report that a RAMP staff person responded to them in a timely manner.	Access / Wait Times	
		Information and referral client satisfaction.	85% of clients who request information and referral services will report that they received the information requested.	Case Management / Follow-Ups / Wrap Around	Case Management
		Mental Health Youth Services-Parents increase their understanding.	85% of parents surveyed state they have a better understanding of the special education process, the law and their rights.	Community Outreach / Education	Protection and Advocacy
		Increased awareness of mental health for youth.	75% of students who participate in RAMP curriculum will indicate an increase in their awareness of mental health.	Community Outreach / Education	Promotion and Awareness
		Mental Health Awareness Days	RAMP will conduct 4 mental health awareness days for Winnebago County Youth.	Community Outreach / Education	Promotion and Awareness
		Mental Health Awareness Training & Outreach.	RAMP will conduct 12 disability/mental health trainings to the Winnebago County community-at-large.	Community Outreach / Education	Promotion and Awareness
		Client satisfaction.	85% of consumers surveyed report that they are satisfied with the services provided through RAMP.	Perception of Care	
		Mental Health Youth Services-RAMP advocates held the educational team accountable.	75% of parents will be satisfied with RAMP assisting in holding the educational team accountable.	Perception of Care	
		Mental Health Adult Services-Skill building	70% pf consumers surveyed who want to learn/improve a skill with the support of RAMP's Mental Health Advocate, can list 1 or more skill(s) they have improved upon.	Symptomatology	Mental Health Treatment
Mental Health Youth Services- Future Planning.	80% of youth served through Fast Track (pre-employment transition services program) will state their desired (post-secondary) career and/or education path.	Workforce / Professional Development	Family and Community Support		
		Establish Rockford Public Library Pilot Program	Remedies Renewing Lives' CARES Program will launch a mental healthcare pilot program with the Rockford Public Library on North Church Street to increase access to mental health services. An evaluation on the effectiveness of the pilot will be evaluated to determine if the program should continue.	Access / Wait Times	Mental Health Treatment

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Remedies Renewing Lives	C.A.R.E.S. Program (Behavioral Health Clinician Project)	Conduct Community Outreach	Remedies Renewing Lives' CARES Program will conduct 30 community outreach events and/or presentations to enhance awareness of mental health services available through Remedies in program year 2024.	Community Outreach / Education	Promotion and Awareness
		Increase Clients Served	Remedies Renewing Lives' CARES Program will increase clients by 15% this program year. The CARES program will link with the IRIS System to drive outreach, increase referrals and improve Case Management best practices in support of increasing clients served.	Numbers Served	
		Expand Community Partnerships	Remedies Renewing Lives' CARES Program will continue to expand partnerships with community organizations by establishing 2 new community partnerships in the program year.	Systems Coordination	
		Expand Group Opportunities	Remedies Renewing Lives' CARES Program will expand group opportunities to better meet the needs of the clients by adding 1-2 new groups this program year.	Treatment Method	Peer Support
		Offer Monthly Art Therapy	Remedies Renewing Lives' CARES Program will increase the use of therapeutic art activities by holding art therapy events on a monthly basis.	Treatment Method	Mental Health Treatment
Remedies Renewing Lives	Domestic Violence Therapy & Advocacy Project	Persons and Families Served	Remedies DVTA project will serve 200 clients with therapy & advocacy services during program year 2024.	Numbers Served	
		Impact of Individual Therapy and Advocacy Services	Throughout Program Year 2024, Remedies' DVTA project will assess the impact of counseling and advocacy services provided on an individual basis and achieve the minimum outcomes: 85% of Domestic Violence survivors surveyed in individual services report that they are more hopeful for the future. 85% of Domestic Violence survivors surveyed in individual services report that they have a better understanding of the effects of abuse on their life. 85% of Domestic Violence survivors surveyed in individual services report that they feel better able to support themselves and their children.	Symptomatology	Mental Health Treatment
		Impact of Group Services	Throughout Program Year 2024, Remedies' DVTA project will assess the impact of group services and achieve the minimum outcomes: 85% of Domestic Violence survivors surveyed in group services report that they know more ways to plan for their safety. 85% of Domestic Violence survivors surveyed in group services report they are more hopeful for the future. 85% of Domestic Violence survivors surveyed in group services report that they have a better understanding of the effects of abuse on their life.	Symptomatology	Mental Health Treatment
		Group Services	Remedies' DVTA will add 1 additional group session by the end of program year 2024.	Treatment Method	Peer Support
Rockford Park District Foundation	Unique Mental Health services through the development of the Lockwood Indoor Equine Center	Hire center positions outlined in the workplan	Hire LEC Manager of Operations Hire LEC Program Supervisor Hire 2 Certified Equine Specialist/Instructors Hire Program Assistant Hire Specialized Equine Trainer Hire Intake Coordinator Rep Hire Equine Center Maintenance Coordinator Hire Equine Care Assistants Hire Volunteer Coordinator	Staffing	
		Develop and implement contracts with collaborating mental health professionals and agencies.	Contracts for program year 2023/2024 will be finalized and complete.	Systems Coordination	
		Develop effective working relationships and workflow of programming facilitation between Lockwood Equine Specialists, contracted mental health professionals, and equine partners.	Facilitation teams (ES, MHP, Equine) will be prepared and ready to deliver effective services to youth and families upon the opening of the facility.	Systems Coordination	
		Begin providing services to the youth and families in the community.	Begin delivery of Equine Assisted Learning and Psychotherapy services to youth and families identified in the community.	Treatment Method	Mental Health Treatment

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		Onboard, train, and develop new team members	All new Equine Center staff will complete the RPD onboarding, required trainings, and work on skill development with an emphasis in the provision of mental health services utilizing equine partners.	Workforce / Professional Development	
Rockford Sexual Assault Counseling	Outreach Therapists	Decrease wait list time	1-2 weeks to contact	Access / Wait Times	
		number of survivors age 3-21 years old served	By the end of FY24, 160 survivors ages 3-21 will be served through the Outreach Therapist program.	Numbers Served	
		Client Satisfaction with Services	Clients reporting satisfaction with services and improvements in life due to services received.	Perception of Care	
		Number of schools reached	RSAC's Clinical Director, who is partially funded by this grant, will draft a letter to 12 middle and high schools that we did not receive referrals from in FY23. Letter will go out in the 2nd quarter to school social workers and counselors letting them know about services available, how to make a referral, and counseling rights of adolescents ages 12-17. The goal is that referrals will begin to come in from those schools.	Systems Coordination	Promotion and Awareness
Rosecrance	Access to Care	Wait Time	Wait time from request to Psychiatric Evaluation appointment < than 30 days	Access / Wait Times	
		Awareness	Conduct monthly presentation for clients and/or community to increase awareness of overall Behavioral Health resources	Community Outreach / Education	Promotion and Awareness
		Housing Stability	Clients will report a positive change in their living situation after 6 month reassessment	Housing	Housing
		Persons Served	Increase # of individuals assessed or served with SUD or co-occurring disorders by 25%.	Numbers Served	
		Client Engagment	Increase engagement rate by 10% from first initial assessment to next treatment appt.	Numbers Served	
		Survey Client Improvement	reach 95% satisfaction rating	Perception of Care	
		Providers	Continue to recruit and hire all positions identified in workplan	Staffing	
		Clients involved with care/social connectedness	Client will report an improvement in their social connectedness after 6-month reassessment	Symptomatology	Mental Health Treatment
		Coordination	Continue to meet or exceed PY 23 baseline for care coordination and access to medication for recovery.	Systems Coordination	
Education/Employment	Client will report an improvement in their educational setting, job setting, volunteering after 6-month reassessment.	Workforce / Professional Development	Income Support		
Rosecrance	Winnebago System of Care	Accessibility	Increase conversion rate to 25 individuals for Winnebago county clients from inquiry to admit	Access / Wait Times	
		Wait Times	Reduce wait time to <4 days from inquiry to admit	Access / Wait Times	
		Persons Served	# 223 total served unduplicated and demographic data (25 per month or 75 per quarter)	Numbers Served	
		Client satisfaction	Maintain a minimum of 95% semiannual client satisfaction (report one time during this funding period)	Perception of Care	
		Symptom Improvement	Report % of individuals that improved or had no change in BAM BAM protective= goal 75% BAM Risk=goal 90% BAM Use=goal 95%	Symptomatology	Rehab Services
		Symptom Improvement PHQ-9	90% of individuals that improved or had no change in PHQ-9	Symptomatology	Mental Health Treatment
		Awareness of more providers	Increase partnerships with community providers through a minimum of one monthly community contact to market services	Systems Coordination	
		Coordination	Priority population served report transition to levels of care: Detox to Residential	Systems Coordination	
		Payment Options: Low-income priority population	75% Utilization of dedicated beds for low-income priority population	Treatment Method	Rehab Services
Rosecrance Health Network	Rosecrance Advancement and Clinical Excellence (ACE) Institute	Recruitment	Hire and retain a training director, This will add a highly trained, well educated and credentialed provider to our organization and Winnebago County	Staffing	
		Lead the ACE Institute	Launch ACE with 5-10 therapist in training engaged in the program by summer of 2024 and retain 100% of those therapists within Rosecrance or Winnebago County for 2 years post licensure	Workforce / Professional Development	

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Shelter Care Ministries	Jubilee Community Outreach and Housing Stability Program	Improve Housing Stability	95% of enrollees will maintain stable housing. Fewer than 5% will lose housing and become homeless or unstably housed (live with other people temporarily).	Housing	Housing
		Reduce number of unhealthy behaviors	Participants will improve at least one self-identified unhealthy behavior	Symptomatology	Mental Health Treatment
		Self-selected goals	100% of participants will have made progress towards at least one of the goals they've set for themselves	Treatment Method	Mental Health Treatment
		Mental Health Management	75% of participants will report improved mental health	Treatment Method	Mental Health Treatment
Stepping Stones of Rockford, Inc.	Stepping Stones Counseling Center	Increase the number of counseling sessions being provided in Spanish	Ten individuals will receive counseling sessions in Spanish	Access / Wait Times	
		Increase number of individuals served	325 unduplicated individuals will receive counseling services PY24	Numbers Served	
		Hire additional therapists	Hire 3 additional full-time therapists	Staffing	
Stepping Stones of Rockford, Inc.	Expansion of Supervised Housing for Adults with Serious Mental Illness (SMI)	Locate suitable land to build on	Purchase land to build on	Housing	Housing
		Develop group home layout (blueprint) with the architect	Final drawing/blueprint in place	Housing	Housing
		Select contractor	Choose contractor	Housing	Housing
		Build new group home	Begin construction	Housing	Housing
Summit Academy	Summit Academy - Transition Counselor and Mental Health Curriculum	Hire and train a Transition Counselor	The successful achievement of these specific outcome measures will result in a reduction in the rate of recidivism among students in 6th-12th grade referred to Summit Academy, thereby breaking the cycle of repeated disciplinary issues. Moreover, it will contribute to improved academic success, emotional well-being, and successful reintegration into their home schools and community. The Transition Counselor Program aims to provide these at-risk students with the necessary support to become productive and engaged members of their school communities, ultimately leading to a brighter and more promising future for each individual and the community as a whole.	Staffing	
		Purchase and implement mental health curriculum for 6th-12th grade	The successful achievement of these specific outcome measures will signify a substantial improvement in students' ability to self-regulate, manage conflict, and make responsible decisions. This, in turn, will contribute to their emotional well-being, academic success, and overall personal growth. By investing in mental health education, we aim to empower our students with essential life skills that will not only benefit them during their school years but also equip them for success in their future endeavors. Ultimately, this project seeks to create a positive, supportive, and nurturing learning environment where students can thrive and become responsible, well-rounded individuals.	Treatment Method	Mental Health Treatment
Tommy Corral Memorial Foundation	Family & Community MHFA Training	Increase training capacity by increasing instructors.	Two additional instructors – 2 Adult MHFA	Staffing	
		Increase number of individuals currently trained in MHFA.	200-300 individuals supporting individuals with serious mental illness, serious emotional disturbances, or substance abuse disorders trained in MHFA in grant year.	Numbers Served	
		Provide free Mental Health First Aid Education.	Provide 10 MHFA educational trainings at no cost to target populations and community at large.	Workforce / Professional Development	Promotion and Awareness
		Reduce stigma associated with mental illness, substance abuse, and suicide.	Post-evaluation results show decreased stigma around mental illness and substance abuse.	Workforce / Professional Development	Promotion and Awareness
		Promote and normalize help seeking behaviors.	Post-evaluation results show increased knowledge of help seeking behaviors.	Workforce / Professional Development	Promotion and Awareness
University of Illinois College of Medicine Rockford	CARE Program - Compassionate Appreciation for Recovery in Everyone	Patients receiving case management services	To provide case management services to 100% of CARE patients	Case Management / Follow-Ups / Wrap Around	Case Management
		Patient perception of care (Assessed by interviews with participants)	10-15 interviews per year	Perception of Care	
		Number of new patients served	400 new patients per year	Numbers Served	
		Criminal justice involvement	To assess recidivism for all CARE patients	Recidivism / Readmission	Protection and Advocacy
		Number and type of referrals provided	To provide appropriate referrals for every CARE patient	Systems Coordination	
University of Illinois College of Medicine	Clinical Leadership Education in	Hire a program director, physician board certified in Addiction Medicine, for the Addiction Medicine Fellowship	Hire one full-time Addiction Medicine Fellowship Director	Staffing	

WCCMHB PY3/PY24 Core Programs Outcome Domains

Organization	Program Name	Name	Success/Goal	Domain	CSS Category (if applicable)
University of Illinois College of Medicine Rockford	Clinical Learning and Education in Addiction	Write the Accreditation Council for Graduate Medical Education (ACGME) application for the Addiction Medicine Fellowship	Completed ACGME application.	Workforce / Professional Development	
		Create a telemedicine learning suite.	Telemedicine learning suite completed.	Workforce / Professional Development	Rehab Services
University of Illinois College of Medicine Rockford MERIT (Medical Evaluation Response Initiative Team)	Enhanced Services and Community Prevention Education	Community based educational programs on the prevention of child abuse and neglect	Complete one Community based education event on the prevention and/or identification of child abuse/neglect for the schools/populations located in one of the higher prevalent regions within Winnebago County (based on current presenting clients – zip codes)	Community Outreach / Education	Promotion and Awareness
		Hire a Social Worker	Hire one full time social worker	Staffing	
		Provide comprehensive trauma informed care to patients who do not currently qualify for services provided by the Carrie Lynn Center.	Provide services to any clients >0 that qualify.	Treatment Method	Mental Health Treatment
Winnebago County	Assistant State's Attorney - Mental Health	Reduce criminal recidivism	Establishing a data-collecting system/program wherein information about defendants (individuals charged with low-level, non-violent misdemeanors by utilizing resources associated with the Wellness Track) participating in the, Wellness Track are monitored for recidivism and/or continued mental/behavioral health follow-up within the community and comparing the numbers of those who participate in the Wellness Track Program to the same population that refuse or decline participation in the Wellness Track Program.	Recidivism / Readmission	
		Hire/promote Assistant State's Attorney to Mental Health/Behavioral Healthbased courtroom and programs	Hire/promote Assistant State's Attorney to oversee/operate the Mental Health/Behavioral Health-based courtroom and programs and Problem-Solving Courts. Putting treatment courts and programs as well as alternative justice programs under one attorney and make one point of contact for ease of service.	Staffing	
		Create working relationship between SAO/ASA and Court Liaison who oversees the Trial-Court aspects of the Wellness Track	Daily consultation between ASA and Liaison to screen potential defendants who could be best served by the Wellness Track route or, in the alternative, perhaps a Problem-Solving or Treatment Court, if they meet that target-specific criteria.	Systems Coordination	Protection and Advocacy
Winnebago County	Juvenile Detention Center - Reducing Isolation through Expanded Behavioral Health - Continuation	Create Discharge Plan Template	Discharge Plan Template created and approved by JDC and Probation	Case Management / Follow-Ups / Wrap Around	Case Management
		Provide CBT group therapy to juveniles.	# participants who attended CBT group therapy sessions, this reporting period.	Numbers Served	
		Provide Seeking Safety group therapy to juveniles.	# participants who attended Seeking Safety group therapy sessions, this reporting period.	Numbers Served	
		Provide Individual Therapy	# unique individuals served, this reporting period	Numbers Served	
		Provide Discharge Planning	# juveniles released with Discharge Plan (which may include a warm hand off to community providers), this reporting period.	Numbers Served	
		Create New Assessment Tool	Validated screening/assessment tool is identified to include implementation procedure	Treatment Method	Client Identification and Outreach
		Utilize new Assessment tool	# assessed within 24 hours, this reporting period	Treatment Method	Client Identification and Outreach
		Provide CBT group therapy two days per week	# CBT group therapy sessions, this reporting period.	Treatment Method	
		Provide CBT group therapy to juveniles.	# of CBT group sessions held, this reporting period.	Treatment Method	Peer Support
		Provide Seeking Safety group therapy to juveniles	# of Seeking Safety group sessions held, this reporting period.	Treatment Method	Peer Support
		Provide Individual Therapy	# individual sessions, this reporting period	Treatment Method	
		Provide Therapy in Crisis Response	# of youth in crisis situations who receive immediate therapeutic response, this reporting period	Treatment Method	Crisis Response
		Provide Therapy in Crisis Response	# of crisis situations where immediate therapeutic response was provided, this reporting period	Treatment Method	Crisis Response
		Professional Support for staff	# trainings on topics related to JDC staff mental health, this reporting period.	Workforce / Professional Development	
Professional Development for staff	# staff trainings on topics related to mental health needs of JDC youth, this reporting period.	Workforce / Professional Development			

WCCMHB PY3/PY24 Core Programs Outcome Domains

Organization	Program Name	Name	Success/Goal	Domain	CSS Category (if applicable)
		Develop Protocol for Case Staffing	Protocol (to include timeframe and desired feedback), is developed	Workforce / Professional Development	
		Provide Regular Case Staffings	# of Case staffings provided following the agreed protocol (no less than once per week), this reporting period	Workforce / Professional Development	
Winnebago County	Juvenile Resource Intervention Center (JRIC) - Behavioral Health Continuation	Assist in implementing a comprehensive case management screening for youth	Case Management screening tool approved and implemented	Case Management / Follow-Ups / Wrap Around	Client Identification and Outreach
		Train Probation Officers to use comprehensive case management screen with clients.	# of Probation Officers trained to use screen	Case Management / Follow-Ups / Wrap Around	Client Identification and Outreach
		Provide De-escalation and Crisis Response at Juvenile Assessment Center	# individuals receiving de-escalation and crisis interventions	Numbers Served	
		Manage caseload to completion	# Youth Completing Recommended Treatment, this reporting period	Numbers Served	
		Manage caseload of non DBT individual therapy to completion	# Youth Completing Recommended Treatment, this reporting period	Numbers Served	
		Increase service provision through DBT-A group therapy	# Unique individual participating in group DBT sessions	Numbers Served	
		Increase service provision through DBT-A one-on-one therapy	# Unique individuals participating in one-on-one DBT Sessions	Numbers Served	
		Implement screening eligibility criteria for DBT	Updated eligibility explanation and referral forms created	Systems Coordination	Client Identification and Outreach
		Implement DBT-A group and DBT-A individual therapy, accept referrals	# New DBT Referrals/groups	Treatment Method	Peer Support
		Conduct one on one DBT-A therapy sessions with youth on probation	# individual DBT sessions, this reporting period	Treatment Method	Mental Health Treatment
		Include Caregivers in DBT-A one-on-one therapy sessions	# Caregiver Sessions, this reporting period	Treatment Method	Mental Health Treatment
		Facilitate DBT-A group therapy	Conduct non-DBT individual therapy sessions with youth on probation, as appropriate	Treatment Method	Mental Health Treatment
		Provide De-escalation and Crisis Response at Juvenile Assessment Center	# de-escalation and crisis interventions	Treatment Method	Crisis Response
		Provide staff training on de-escalation, crisis response and self-care	# trainings on managing youth in crisis (no less than one per quarter)	Workforce / Professional Development	
		Identify gaps in service for youth on probation	Develop a system to document # of needs/services unmet by current programming; hold quarterly meeting with management to relay identified gaps.	Workforce / Professional Development	
		Develop programming plan related to identified gaps.	Formulate a two year plan to address identified gaps.	Workforce / Professional Development	
Winnebago County	Resource Intervention Center (RIC) - Behavioral Health Continuation	Provide evening individual therapy	# of unique individual therapy sessions completed	Numbers Served	
		Provide DBT Group Therapy	# unique individual participants in DBT, this reporting period	Numbers Served	
		Provide DBT Group Therapy	# participants who successfully completed DBT	Numbers Served	
		Provide gender-specific Seeking Safety Group Therapy	# unique individuals participating in Seeking Safety, this reporting period	Numbers Served	
		Provide gender-specific Seeking Safety Group Therapy	# participants successfully complete Seeking Safety Group	Numbers Served	
		Provide evening referrals to individual therapy	# referrals for evening individual therapy	Systems Coordination	Mental Health Treatment
		Provide DBT Group Therapy	# of referrals for evening DBT Group Therapy	Systems Coordination	Mental Health Treatment
		Provide gender-specific Seeking Safety Group Therapy	# of referrals for evening Seeking Safety Group Therapy	Systems Coordination	Mental Health Treatment
		Increase PM Mental Health Assessments	# of evening mental health assessments completed, this reporting period	Treatment Method	Mental Health Treatment
		Provide evening individual therapy	# of individual therapy sessions completed	Treatment Method	Mental Health Treatment
		Provide DBT Group Therapy	# DBT group sessions, this reporting period	Treatment Method	Peer Support
		Provide gender-specific Seeking Safety Group Therapy	# Seeking Safety group sessions, this reporting period	Treatment Method	Peer Support
			Provide Trauma Trainings	WCHD will provide trauma trainings each month to local agencies, organizations, clients, and community members. The topics will be decided based on feedback from WCHD's Violence Reduction Workgroup and with input from the Illinois Coalition on Youth (ICOY). Six trainings will be geared toward providers and six will be geared toward community members and those with lived experience with an estimated total of 350 participants.	Community Outreach / Education

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Organization	Program Name	Name	Success/Goal	Domain	CSS Category (if applicable)
Winnebago County Health Department	Trauma Informed Community Care Coordination - Continuation	Increase client awareness of TICCC services	In addition to direct referral from WCHD staff, clients will be made aware of the services available during their visits to WCHD (word of mouth, posters, palm cards, etc). Written materials will developed and made available for clients WCHD staff will receive scripting on how to promote the TICCC services to all clients, as appropriate.	Community Outreach / Education	Client Identification and Outreach
		Improve Perception of Care	The newly created survey tool was developed in WCHD's Qualtrics system to gauge client's perception of care within the agency and their knowledge of additional resources available within the community. All past and future clients will receive the survey. Results will be analyzed and used to for service improvement.	Perception of Care	
		Improve Coordination	WCHD's newly created intake form was developed using the Qualtrics system to improve coordination among WCHD's internal departments as well as data analysis abilities. It is anticipated that the number of referrals will increase by 10 percent from 339 in PY23 to 373 in PY24.	Systems Coordination	
		Increase Employee Awareness of TIC Care Coordinator Services	The TICCC will continue to present on the services available at each new employee orientation. An evaluation of the training will be used to measure the staff's knowledge of the TICCC services. Training will be modified as needed based on the results of the training evaluation.	Systems Coordination	Client Identification and Outreach
		Increase staff referrals to TICCC	Increase the number of referrals by ten percent- from 339 in PY23 to 373 in PY24.	Systems Coordination	Client Identification and Outreach
Winnebago County Sheriff's Office	Winnebago County Jail Behavioral Health Program - Enhanced	Increase access to prescription meds in jail	Number of new patient seen and started on medication. Number of medications adjusted.	Access / Wait Times	
		Wait Times		8 days from time received	Access / Wait Times
		Discharge Planning	Reported Quarterly	Case Management / Follow-Ups / Wrap Around	Case Management
		Consumer satisfaction		Perception of Care	
		Measure medication management success	Positive outcomes consist of the following, Improvement in Symptoms, sleep, appetite and participation in Active Daily living ( i.e. Brushing teeth, showering, combing hair, etc.) and Therapy session/classes.	Symptomatology	Rehab Services
		Suicide prevention	Reported Quarterly	Symptomatology	Crisis Response
		MAT / MAR		Treatment Method	Rehab Services
		Diversion rates and specialty courts		Treatment Method	Protection and Advocacy
Attendance and outcomes from classes	Treatment Method	Mental Health Treatment			
YMCA of Rock River Valley	Protecting Youth Mental Wellness YMCA Year 2	Accessibility	100% of participants seeking mental health support are able to access on site at no cost	Access / Wait Times	
		Family education on mental health	50% of families participate in at least one educational event during the grant year.	Community Outreach / Education	Family and Community Support
		Program satisfaction	80% of participants report overall program satisfaction	Perception of Care	
		Hello Insight/Growth in self-management	Growth in SEL area of self-management of 70%	Symptomatology	Mental Health Treatment
		Hello Insight/Growth in Academic Self-efficacy	Growth in SEL area of self-efficacy of 70%	Symptomatology	Mental Health Treatment
		Hello Insight/Feel supported in meeting their goals	Hello Insight/Feel supported in meeting their goals	Symptomatology	Mental Health Treatment
		Intensive Treatment	75% of participants referred for intensive treatment seek out that treatment	Systems Coordination	
		Group Therapy	75% of students will participate in group therapy	Treatment Method	Peer Support
Individual Therapy	75% of participants having a one-on-one session monthly; 50% twice monthly; 25% weekly	Treatment Method	Mental Health Treatment		
Staff Development	75% of staff attend at quarterly staff development on mental health	Workforce / Professional Development			
Youth Services Network Inc	Mental Health for Homeless Youth (MH4Y)	Wait times	MH4Y will provide services within 72 hours of shelter intake	Access / Wait Times	
		Service times	100% of services will be offered days, nights, and weekends.	Access / Wait Times	
		Persons served	MH4Y will provide services to 40 clients in 9 months	Numbers Served	
		Perception of Care	80% of satisfaction surveys completed will be positive.	Perception of Care	
		Hire staff	Hire two full-time therapist and two full-time case managers.	Staffing	

WCCMHB PY3/PY24 Core Programs Outcome Domains

Organization	Program Name	Name	Success/Goal	Domain	CSS Category (if applicable)
		Mental Health management improvement	80% of clients that participate in MH4Y services will have an improvement in symptoms and tools to manage their mental health.	Symptomatology	Mental Health Treatment
Youth Services Network Inc	Youth Trauma Clinic (YTC)	Wait times	YTC will provide services within 24 hours of initial phone call.	Access / Wait Times	
		Wrap around visits and increasing Case Management	Case Managers will facilitate 30 wrap-around staffing per quarter.	Case Management / Follow-Ups / Wrap Around	Case Management
		Awareness	YTC staff will provide education and awareness events to 3 area schools, organizations, and the community during a quarter.	Community Outreach / Education	Promotion and Awareness
		Persons and families served	YTC will provide service to 120 youth in a year.	Numbers Served	
		Track perception of care	85% of the satisfaction surveys completed by youth and families will be positive.	Perception of Care	
		Symptom improvement	85% of youth that participate at least 6 months in YTC services will report a reduction in trauma symptoms	Symptomatology	Mental Health Treatment
YWCA	Mental Health Crisis Case Manager	Access to Services	Clients who are eligible for the program will receive connections and referrals to needed resources and services 90% of the time.	Access / Wait Times	
		Accessibility	Offer office hours twice a week at N. Main location	Access / Wait Times	
		Community Awareness	Attend/provide awareness at 50 community events	Community Outreach / Education	Promotion and Awareness
		Families Served	Serve 75 clients and their families	Numbers Served	