



**WCCMHB**

Winnebago County  
Community Mental  
Health Board

## **WINNEBAGO COUNTY COMMUNITY MENTAL HEALTH BOARD**

### **SERVICE GAP NARRATIVE**

#### **Eating Disorder Treatment Programs**

From the review of the Environmental Scan data and online research, it has been determined that there are currently no programs that provide eating disorder treatment. The Environmental Scan does not specifically investigate eating disorder treatment, nor do respondents include it in their responses.

Online research was unable to determine if there are facilities that provide eating disorder treatment in Winnebago county.

When it comes to the WCCMHB funded programs, they also lack eating disorder treatment. However, although there are no *specific programs* that focus on eating disorder treatment, there are therapists and counselors in Winnebago county that provide services for eating disorders.

It has been determined that there is a gap in services for eating disorder treatment programs.

#### **Harm Reduction/Low-Income Detox Programs**

The Environmental Scan does not investigate harm reduction nor do respondents include it in their responses. The Environmental scan does investigate for detox services and one respondent reported their agency or program provides detox services and they accept low-cost or sliding scale payments and Medicaid.

Online research was able to determine there are three agencies or programs that detox services, but it was unclear if they also provided harm reduction services.

There are nine WCCMHB programs that offer substance (ab)use programs/services, but none that are specifically for harm reduction. Only one program may provide detox to low-income individuals.



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Although there seem to be a number of substance (ab)use programs/services in Winnebago county, it is lacking in harm reduction and low-income detox services. There are no programs or services for harm reduction and it was determined that there was only one organization that offered *low-income* detox services.

It has been determined that there is a gap in services for harm reduction/low-income detox.

### **Infant and Early Childhood Programs**

Potential services or programs for the infant and early childhood target populations are many and varied, so to succinctly and accurately describe the gap in services for these particular populations, programs and services for this population has been broken down into sub-service areas, which are the following: diagnostic evaluation for children under five; home visiting programs; social-emotional learning delays; support for children through parents; child-parent attachment; in-utero programs; healthy brain development programs.

It should be noted that children under the age of five make up 7.2% of the population in Winnebago County, however, less than 1% of those served by WCCMHB programs fell into the infant and early childhood target population. See Figure 1 in the appendix.

- **Diagnostic Evaluation for Children Under Age 5**

From the review of the Environmental Scan data, it was determined that 18 of the respondents reported their agency or program provided diagnostic evaluation to both children and adults, however, there were *none* that specifically provided diagnostic evaluation to just children. The Environmental Scan does not investigate the specific ages that are served so it is unclear if these agencies or programs provided diagnostic evaluation for children under the age of five.

Online research determined one location, Rosecrance, that provided diagnostic evaluation for children, but they did not specify if this service was for children under the age of five. Other services found from the online research showed that there are agencies in Winnebago county that provide applied behavior analysis for children, but it was unclear what specific ages this service was for.



When it comes to WCCMHB programs, there are six programs that specifically say they provide services for Priority 1: Mental Health of the Strategic Plan (which *can* include diagnostic evaluation, supportive counseling, medication management, and/or substance (ab)use services) to infant and early childhood populations. It is unclear what aspects of Priority 1 these programs provide services for.

It has been determined that there is a gap in service for diagnostic evaluation for infant and early childhood programs.

- *Home Visiting Programs*

The Environmental Scan data does not specifically investigate whether an agency or program provides home visiting services or programs, and none of the respondents indicate that their agency or program provides this service.

Online research was unable to determine what agencies, programs, or services provide home visiting services or programs. Child Protective Services or law enforcement do not fill this gap as they are crisis response services rather than early intervention services.

There are currently no WCCMHB programs that provide home visiting programs.

It has been determined that there is a gap in service for home visiting programs.

- *Social-Emotional Learning Delay Programs*

The Environmental Scan data does not specifically investigate social-emotional learning delay programs, nor do respondents indicate their agency or program provide this service.

Online research was unable to determine whether there are programs that provide social-emotional learning delay programs in Winnebago county. This does not mean that there are no therapy or counseling agencies that provide this service.

There are currently no WCCMHB programs that provide social-emotional learning delay services.

It has been determined that there is a gap in services for social-emotional learning delay programs.



- *Programs that Support Children through Parents*

The Environmental Scan data does not specifically investigate programs that support children through parents, nor do respondents indicate their agency or program provides this service.

Online research was unable to determine whether there are programs that support children through parents in Winnebago county.

There is one WCCMHB program that provides a program that supports children through parents.

It has been determined that there is a gap in services for programs that support children through parents.

- *Child-Parent Attachment Programs*

The Environmental Scan data determined that there was a respondent that indicated their agency or program provided child-parent attachment services or programs.

Online research was unable to determine whether there are programs that support children through parents in Winnebago county, outside of what was found in the Environmental Scan data and the WCCMHB program.

There is only one WCCMHB program that provides child-parent attachment services or programs.

It has been determined that there is a gap in services for programs that provide services for child-parent attachment.

- *In-Utero Programs*

The Environmental Scan does not investigate in-utero services/programs nor do respondents include it in their responses.

An online search was unable to determine any in-utero programs provided in Winnebago County, outside of one WCCMHB program.

There is only one WCCMHB program that provides in-utero services.



It has been determined that there is a gap in services for programs that provide in-utero services.

- *Healthy Brain Development Programs*

The Environmental Scan does not investigate healthy brain development programs nor do respondents include it in their responses.

An online search was unable to determine if any healthy brain development programs were provided in Winnebago County.

There are currently no WCCMHB programs that provide healthy brain development services.

It has been determined that there is a gap in services for healthy brain development programs.

### Older Adults (50+) Mental Health Programs

A higher proportion of WCCMHB programs serve adults in their late teens through their late thirties, however, there is a decrease in WCCMHB programs that specifically serve those over age 50, and this dip in services starts around the early 40s. See Figure Two in the appendix

The Environmental Scan data does not investigate mental health programs for older adults (50+) nor do respondents include it in their responses.

Online research located one program that provided mental health services for older adults (50+), which is the one WCCMHB program.

There is one WCCMHB program that provides mental health services for older adults (50+).

It has been determined that there is a gap in services for mental health programs for older adults (50+).



## **Substance (Ab)use Programs (Family and Community Support)**

Although there are a number of substance (ab)use programs in Winnebago county, substance (ab)use is a broad and varied social issue. Populations that experience substance (ab)use may also experience co-occurring disorders, such as mental illness. The following sub-service area gaps are the following: programs for families experiencing substance (ab)use; substance (ab)use programs that are *not* 12-step programs or alcoholics anonymous groups. The Environmental Scan data determined eight respondents reported that their organization/program provided substance (ab)use services.

Online research determined there were three organizations or programs that provided substance (ab)use services that were neither 12-step programs nor alcoholics anonymous groups.

It was unknown what level of intensity of treatment the programs identified by the Environmental Scan data and online research provided, and what specific facets of substance (ab)use they treat. Whether these programs provided overlapping support for both substance (ab)use and mental illness is also unknown.

There are nine programs that serve those who have substance use disorders

There are nine WCCMHB programs that serve those who have substance use disorders.

It has been determined that there is a gap in services for substance (ab)use programs, particularly for families experiencing substance (ab)use and programs that were neither 12-step programs nor alcoholics anonymous programs.

## **Supportive Housing Programs (Youth, Families, and Adults)**

There are supportive housing programs in Winnebago county, but there are specific gaps in service in a few sub-service areas: supportive housing for families; long-term support housing; and trauma related crisis housing.

The Environmental Scan does not investigate supportive housing for families, long-term housing, or shelter for survivors of domestic violence, nor do respondents include it in their responses.



Online research was unable to determine if any programs provided supportive housing for families or long-term supportive housing in Winnebago County.

There are five WCCMHB programs that provide supportive housing, but not for all target populations. Only one of those five provide trauma related crisis housing.

It is especially concerning that Winnebago county has one domestic violence shelter, since it is a particular problem for the city of Rockford.

It has been determined that there is a gap in services for supportive housing for families, long-term supportive housing, and shelter for survivors of domestic violence.

### **Youth Crisis Services**

Youth are experiencing significant mental health crises that can be linked to the COVID-19 pandemic, with more youth attempting suicide.

The Environmental Scan data determined one respondent whose agency or program provided crisis services for youth.

Online research was able to determine one agency or program that provided youth crisis services, but was unable to determine services that identified first experiences of psychosis in youth.

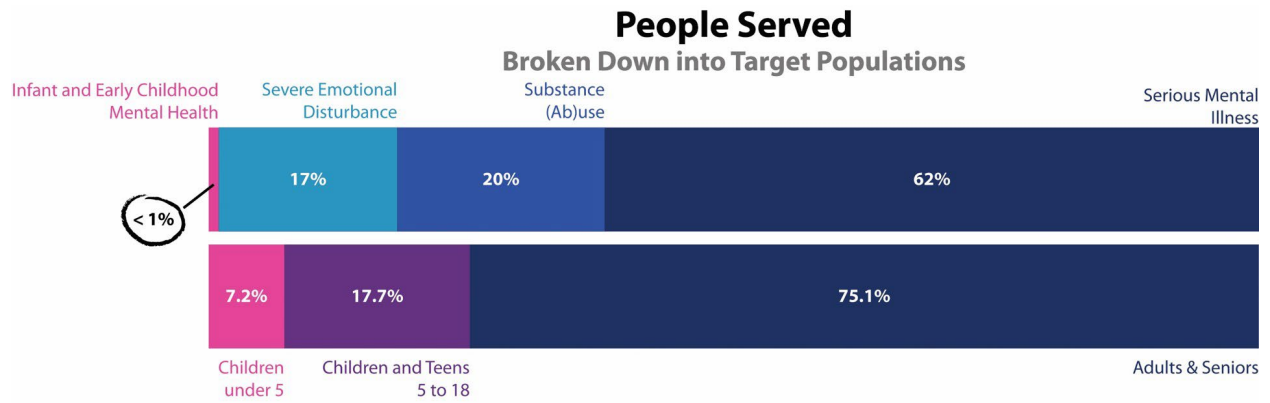
There are currently no WCCMHB programs that provide crisis services for youth.

It has been determined that there is a gap in services for crisis services for youth.



**Appendix**

Figure 1 - The top bar is the proposed target populations to be served by WCCMHB programs. The bottom bar is the percent of target populations that make up the Winnebago County population.



**Population of Winnebago County**

Figure 2 - A higher proportion of the people served by the WCCMHB funded projects were in their early twenties than the population of the county. The Y axis is the proportion of the total population, and the X axis is the age.

