



# WCCMHB

Winnebago County  
Community Mental  
Health Board

## **ANNUAL REPORT FISCAL YEAR 2024**

October 2023 - September 2024



**W C C M H B**

Winnebago County  
Community Mental  
Health Board

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## CONTACT INFORMATION

# WCCMHB

Winnebago County  
Community Mental  
Health Board



**Email:**  
[info@mentalhealth.wincoil.gov](mailto:info@mentalhealth.wincoil.gov)



**Facebook:**  
[@wccmh](https://www.facebook.com/wccmh)



**Website:**  
[rlplanning.org/community-impact/wccmh](http://rlplanning.org/community-impact/wccmh)



**Instagram:**  
[@wccmh](https://www.instagram.com/wccmh)



**Email Sign Up, Mailchimp:**  
[bit.ly/WCCMHBmailchimp](https://bit.ly/WCCMHBmailchimp)



**Youtube:**  
[@WCCMHB](https://www.youtube.com/WCCMHB)

For requests for accommodations, contact  
Jason Holcomb,  
Director of Community Impact  
**Region 1 Planning Council**  
Email: [jholcomb@rlplanning.org](mailto:jholcomb@rlplanning.org)  
Phone: (815) 277-1022

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Prepared by **Region 1 Planning Council**  
*Final Report 3.24.2025*

**Jason Holcomb,**  
Director of Community Impact

**Chelsey Glatz,**  
Public Engagement Coordinator

**Emily Kate,**  
Community Impact Associate

**Maria Tiongco,**  
Data Analyst

**Seth Boswell,**  
Data Intelligence Specialist

**Myranda Gould,**  
Multimedia Graphic Designer

**Alex McCann,**  
Community Impact Specialist

**Michael Welford,**  
Data Analyst

Dear Winnebago County Residents,

The opportunity to serve as the Winnebago County Community Mental Health Board (WCCMHB) President is one of the highest honors of my career. In the 2024 primary election, the half-cent sales tax was extended until 2031. These funds are allocated to programs treating mental health and substance use conditions, developing a coordinated system of care in Winnebago County. In our fourth Program Year, we shifted from a single-year funding model to an award cycle duration of three years. For Program Years 4–6, we renewed 36 previously funded programs and funded 2 new ones. Up to \$60 million dollars has been awarded to fund these programs.

At the end of the third year of funding (PY24/PY3), the number of individuals served by our Funded Programs grew exponentially. On average, mental health and/or substance use services were distributed to 5,700 unique individuals each quarter. Many clinical roles (such as therapists) still vacant at the end of the second year of funding (PY23) were filled in PY24. Out of 165 full-time employment mental health positions created by WCCMHB funding, more than 155 positions were filled at the close of PY24.

The WCCMHB also launched the Accelerator Awards program, a one-time funding opportunity utilizing funding from past Core Program Years. The program supports area collaborations in mental health and substance abuse projects, with a special focus on capital. In Fiscal Year 2024, \$7,083,761.63 was awarded to ten local organizations leading projects in human, social, and physical capital. With a request limit of \$2 million, critical initiatives in community service access were awarded one-time funding. The remaining Accelerator Award funds will be distributed to innovative mental health projects in Winnebago County.

The Board operates under the Illinois Community Mental Health Act 405 ILCS 20/0.1, et seq. As such, we're tasked with compiling an annual report outlining major activities, accomplishments, revenue, and expenses for our fiscal year. We take pride in our transparency with the Winnebago County community, reflected in this Annual Report.

Sincerely,

*Mary Ann Abate*

**Mary Ann Abate**

Winnebago County  
Community Mental  
Health Board President



LETTER FROM  
OUR PRESIDENT



ABOUT  
WCCMHB  
-  
BOARDS  
MEMBERS

## About WCCMHB

The Winnebago County Community Mental Health Board (WCCMHB) was established by the Winnebago County Resolution 19-128. The Board consists of eleven members, nine of whom are appointed by the Chairman of the Winnebago County Board and two of whom are appointed by the Mayor of the City of Rockford, with the advice and consent of their respective governing bodies and the advice of the Winnebago County Community Mental Health Board.

WCCMHB exists to improve community mental health and substance use services in Winnebago County through planning, grantmaking, community engagement, coordination, and evaluation. Through an intergovernmental agreement, Region 1 Planning Council provides administrative and technical support for our work.

WCCMHB meets on the first Wednesday of each month at 2 PM CST, unless otherwise specified on the website. Information about the Board Meetings can be found on the meetings page of our website.

## WCCMHB Board Members

### Officers<sup>\*</sup>

**President:** Mary Ann Abate

**Vice President:** Richard Kunnert

**Secretary:** Dr. Bill Gorski

**Treasurer:** Dr. Terry Giardini

Andrell Bragg-Shaw (Appointed July 2024)

Dr. Reverend K. Edward Copeland

Margie Lindmark (Appointed May 2024)

Timothy Nabors

Jeff Nielsen (Appointed July 2024)

Dr. Amanda Penney (Appointed September 2024)

Mohammad Yunus

### Former Board Members

Linda Sandquist: Till May 2024

Wendy Larson-Bennett: Till May 2024

<sup>\*</sup> Current officer terms run July 1, 2024 to June 30, 2025. Officer elections are scheduled for the June board meeting.



Region 1 Planning Council provides staff support for WCCMHB operations through an Intergovernmental Agreement; the Director of Community Impact serves as Director for WCCMHB.



WCCMHB  
VISION  
–  
WCCMHB  
MISSION

## VISION

### *Our hope for the community*

We see a community where residents are knowledgeable about mental health and have access to high-quality mental health and substance abuse services when and where they need them.

## MISSION

### *What we are doing about it*

We are an appointed group of community leaders who are passionate about improving mental health and substance abuse services in Winnebago County and coordinate them through planning, funding, evaluation, and communication.



WCCMHB  
VALUES

## Values

### *Why we do what we do*

**Wellness** – We support the Community Support System framework because it focuses on providing an array of services that bring people from illness to health.

**Awareness** – We believe mental illness and substance abuse disorders can occur at any age and can affect individuals across all domains including race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability, so we strive to educate all members of our community about mental health and substance use to increase mental health literacy and prevent mental illness and substance abuse disorders.

**Collaboration** – We believe that relationships are foundational to coordination, so we practice teamwork and breaking down silos.

**Transparency** – We believe the best way to gain trust is to be truthful, so we practice open and consistent communication about our work.

**Diversity** – We believe complex problems require perspectives from all areas of the community, so we practice listening and cultural humility.

**Client-Centered** – We believe that people with mental illness and substance abuse disorders are important members of our community, so we promote services that support them with compassion and unconditional positive regard.

**Intersectional** – We believe that mental health is interconnected with other parts of community life and personal identity, so we promote solutions that address a combination of factors.

**Trauma-Informed** – We believe that no one who has experienced trauma should ever be re-traumatized during the process of seeking out or receiving mental health or substance abuse services, so we promote trauma-informed care in all areas of service delivery.

**Accessibility** – We believe mental health and substance abuse services should be accessible for all people irrespective of race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability, so we promote ADA compliance, language access, and effective communication in all areas of service delivery.



# PRINCIPLES

## *How we operate*

**Evidence-Based** – Our decisions are driven by the best available empirical evidence and data.

**Process-Oriented** – We use best-practice processes to guide planning, funding, evaluation, and communications.

**Outcomes-Informed** – We evaluate the results of our efforts by collecting and analyzing data in order to continuously improve and maximize impact.

**Equity** – We fund and measure results with equity in mind, analyzing needs and outcomes by race, ethnicity, income, geography, religion, gender identity, language, sexual orientation, and disability or other demographic breakdowns.

**Urgent** – We operate with a sense of urgency knowing that gaps in care affect real people.

**Emergent** – We stay flexible in order to identify and address new issues in the service delivery system as they are developing.

**Network-Driven** – We work diligently to establish a broad and diverse coalition of community stakeholders dedicated to improving the mental wellbeing of our community.



WCCMHB  
PRINCIPLES



## COMMUNITY SUPPORT SYSTEM FRAMEWORK

# Community Support System Framework

One of the foundations of all the work we do is the Community Support System framework, which guides our strategic planning. The Community Support System (CSS) framework is rooted in the Community Support Program research that dates back to 1977, linked with the community mental health and deinstitutionalization movement. The CSS framework provides a framework for municipalities to use in comprehensive, community-based mental health systems planning.

The components of CSS represent the array of services and opportunities that an adequate service system should include for the target population, all to be provided in the community.

As such, this model was adopted by WCCMHB and was used as a map to guide the planning process, from the environmental scan and public participation survey to the data synthesis, framing strategic issues, the establishment of priorities, and development of goals and intended outcomes. For each priority area, represented in the visual as a “spoke” in the wheel, there are corresponding service areas.

For example, the “Treatment” priority area includes the service areas of Diagnostic Evaluation, Supportive Counseling, Medication Management, and Substance Abuse Treatment.

The priority areas and their included service areas are shown with the corresponding color based on the framework.

## CSS Priority Areas

### Client Identification and Outreach

- Client Identification
- Outreach
- Transportation Assistance

### Mental Health Treatment

- Diagnostic Evaluation
- Supportive Counseling
- Medication Management
- Substance Abuse Services

### Crisis Response Services

- Crisis Telephone Services
- Walk-In Crisis Services
- Crisis Outreach Services
- Crisis Residential Services

### Health and Dental Services

#### Housing

- Supportive Housing
- Residential Assistance for Homeless Mentally Ill Persons

### Income Support

### Peer Support

- Self-Help
- Consumer-Operated Services

### Family and Community Support

- Assistance to Families
- Education for the Community

### Rehabilitation Services

- Social Rehabilitation
- Vocational Rehabilitation

### Protection and Advocacy

### Case Management



COMMUNITY  
SUPPORT  
SYSTEM  
FRAMEWORK



## Community Support System Framework



## FISCAL YEAR 2024 ACTIVITIES

### Fiscal Year 2024 Activities

WCCMHB's Fiscal Year 2024 began on October 1, 2023, and ended on September 30, 2024. Each year, the Board develops a work plan that guides their activities for the ensuing year, which accompanies an annual budget for operations approved by WCCMHB. The table below shows the status of each work plan element at the end of FY24. Fiscal year 2024 includes portions of two grant program years. The program years can be referred to as follows:

- Fiscal Year 2023-2024 (FY24): October 1, 2023 – September 30, 2024
- Grant Program Year 2023-2024 (PY24)/(PY3):
  - Renewal Program: June 1, 2023 – May 30, 2024
  - New Program: September 1, 2023 – May 30, 2024
- Core Program Year 4 (PY4): June 1, 2024 – May 30, 2025

Process Area	Activity	Target Start	Target End	Status
<b>Coordination</b>	<b>Board Meeting</b>	<b>October 2023</b>	<b>October 2023</b>	<b>Completed</b>
Grant Making	PY24-25 Notice of Funding Opportunity Developed	10/01	10/31	Completed
Grant Making	Site Visits for Needed Programs	10/01	12/30	Completed
Communications	Funded Program Communications Work Group Meeting	10/01	10/31	Completed
Grant Making	Funding Policy, Funding Agreement, and Grant Application Updated	10/01	10/31	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>November 2023</b>	<b>November 2023</b>	<b>Completed</b>
Coordination	PY23-24 Learning Network Collaborative #3	11/01	11/30	Completed
Communications	FY23 Annual Report Developed	11/01	01/31	Completed
Communications	Funded Program Communications Work Group Meeting	11/01	11/30	Completed
Grant Making	PY24-25 NOFO Published	11/01	11/30	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>December 2023</b>	<b>December 2023</b>	<b>Completed</b>
Grant Making	PY24-25 Applications Open	12/01	01/31	Completed
Grant Making	Technical Assistance to Applicants	12/01	01/31	Completed
Evaluation	PY23-24 Q2 Outcomes Reports Due	12/01	01/31	Completed
Communications	Funded Program Communications Work Group Meeting	12/01	12/31	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>January 2024</b>	<b>January 2024</b>	<b>Completed</b>
Communications	FY23 Annual Report Published	01/01	01/24	Completed
Grant Making	PY24-25 Renewal Application Staff Reviews	01/17	02/28	Completed



## FISCAL YEAR 2024 ACTIVITIES

Process Area	Activity	Target Start	Target End	Status
<b>Coordination</b>	<b>Board Meeting</b>	<b>February 2024</b>	<b>February 2024</b>	<b>Completed</b>
Grant Making	Grant Applications Scored	02/01	03/31	Completed
Evaluation	PY23-24 Mid-Year Report Published	02/01	02/28	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>March 2024</b>	<b>March 2024</b>	<b>Completed</b>
Coordination	PY23-24 Learning Network Collaborative #4	03/01	03/31	Completed
Evaluation	PY23-24 Q3 Outcome Reports Due	03/01	03/31	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>April 2024</b>	<b>April 2024</b>	<b>Completed</b>
Grant Making	Funding Applications Resolution & Work Plans Drafted	04/01	04/30	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>May 2024</b>	<b>May 2024</b>	<b>Completed</b>
Communications	PY24-25 Renewal Award Announcements	05/01	05/31	Completed
Communications	Annual Meeting Health Resource Fair	05/01	05/31	Completed
Grant Making	Renewal Program Work Plans and Funding Agreements Signed	05/01	06/30	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>June 2024</b>	<b>June 2024</b>	<b>Completed</b>
Evaluation	PY23-24 Q4 and Year-End Reports Due	06/01	06/30	Completed
Grant Making	Renewal Program Site Visits	06/01	09/30	Scheduled
Finance	FY25 Budget Developed	06/01	06/30	Completed
Coordination	FY25 Work Plan Developed	06/01	06/30	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>July 2024</b>	<b>July 2024</b>	<b>Completed</b>
Communications	Public Engagement Building Awareness Around Funded Programs	07/01	09/31	Completed
Coordination	PY24-25 Learning Network Collaborative #1	07/01	07/31	Completed
Finance	FY25 Budget & Narrative Submitted to County Board	07/01	07/31	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>August 2024</b>	<b>August 2024</b>	<b>Completed</b>
Evaluation	PY23-24 Impact Report	08/01	08/31	Completed
<b>Coordination</b>	<b>Board Meeting</b>	<b>September 2024</b>	<b>September 2024</b>	<b>Completed</b>
Coordination	PY24-25 Learning Network Collaborative #2	09/01	09/31	Scheduled
Evaluation	PY24-25 Q1 Outcomes Report Due	09/01	09/31	Completed



## FISCAL YEAR 2024 FINANCIALS

## PROGRAM YEAR 2023-2024 FUNDED CORE PROGRAMS OUTCOMES

## Fiscal Year 2024 Financials

The collection of the Winnebago County half-cent sales tax for mental health began in July 2020. While collected tax revenues are not received in the same month they are collected, they are still reflected in the budget for the month they were collected. In Fiscal Year 2024, more than \$60 million in multi-year funding was awarded to Core Program Grants and Accelerator Awards. The budget below reflects only the portion of grant awards expended in Fiscal Year 2024; additional awarded funding will be allocated in future years. The table below lists the associated county object number in parentheses next to each budget line item.

Fiscal Year 2024 Revenue	Dollar Amount
Mental Health Sales Tax Accrual (32229)	\$19,465,903.26
Interest (39210)	\$1,640,580.46
State of IL Admin Fee (32228)	-\$291,988.54
<b>Total Fiscal Year 2024 Revenue</b>	<b>\$20,814,495.18</b>

Fiscal Year 2024 Expenses	Dollar Amount
Food & Beverage (42250)	\$332.50
Legal (431040)	\$6,922.50
Contractual Staff (43155)	\$595,789.01
Program Grants & Service Contracts (43190)	\$19,704,730.85
Dedicated Technology (43198)	\$10,581.51
Travel (43310)	\$7,839.54
Community Engagement (43420)	\$11,782.77
Liability Insurance (43510)	\$23,850.00
Membership Dues (43941)	\$16,562.00
Training and Education Costs (43944)	\$1,307.68
<b>Total Fiscal Year 2023 Expenses</b>	<b>\$20,379,644.36</b>

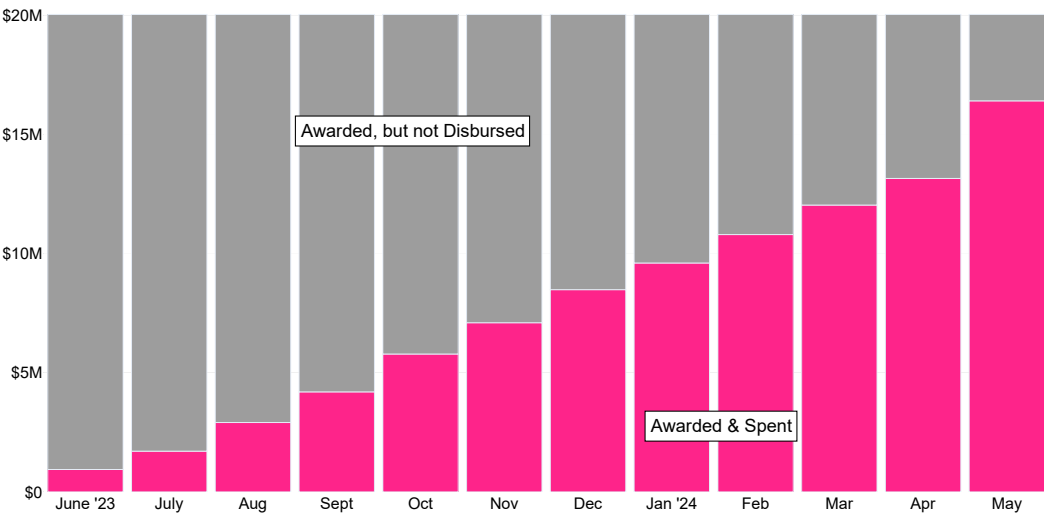
Fund Balance	Dollar Amount
FY 2023 Year End Balance	\$36,486,404.385
FY 2024 Revenue Less Expenses	\$434,850.82
<b>FY 2024 Year End Balance</b>	<b>\$36,921,255.67</b>

## Program Year 2023-2024 (PY3) Funded Core Programs Outcomes

In the third funding cycle, Program Year 2023-2024 (PY3), the total amount of funding awarded was \$20 million. The chart below displays the cumulative monthly spending in PY3. WCCMHB issues expenditure reimbursement grants, which means funds are only allocated to reimburse expenses from the approved program budget. If a program is not able to expend all of their award, funds will be reallocated in a future award year.

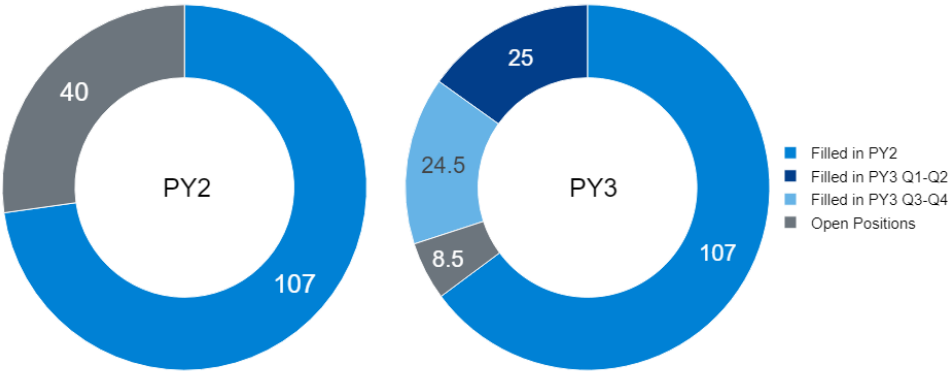
The gray segments of the bar represent funds that were awarded but not spent, while the pink segments indicate funds that have been awarded and disbursed. By the end of PY3, \$16.4 million (82%) was expended collectively by the WCCMHB programs.

Funding Status by Month



Positions Created and Filled

In PY2, WCCMHB grants created 147 FTE (full-time equivalent) positions for mental health and substance use professionals, of which 107 were filled during that program year. The other 40 positions were carried over into PY3, and an additional 18 were created, totaling 165 positions across both program years. During the first two quarters of PY3, 25 of the remaining positions were filled, followed by an additional 24.5 in the last two quarters (some roles are part-time). 8.5 FTEs from PY2 and PY3 remain to be filled in the next program year.



People Served by Target Population

Below is a chart showing the number of Winnebago County residents served during Program Year 2023-2024 (PY3) by the WCCMHB Funded Programs. The numbers are also broken down by target populations. The numbers served for each quarter indicate unique individuals only within that quarter. If someone was served in quarters one and two, they are counted separately in both quarters. PY3 introduced two new target population categories: individuals with co-occurring disorders in the 0-17 age range and the 18+ range.



PROGRAM YEAR  
2023-2024  
FUNDED CORE  
PROGRAMS  
OUTCOMES





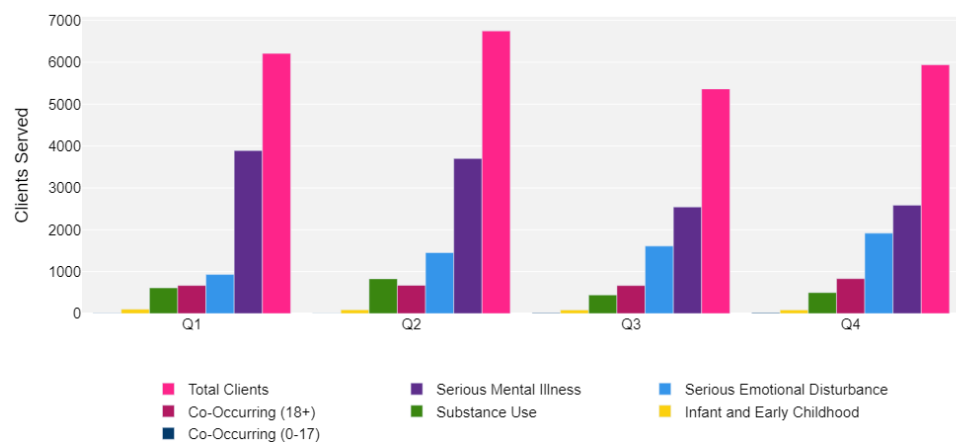
PROGRAM YEAR  
2023-2024  
FUNDED CORE  
PROGRAMS  
OUTCOMES

Co-occurring refers to individuals who have both a mental illness and a substance abuse disorder, as these illnesses often exacerbate each other. Because of these additional categories, the sum of individual target populations now aligns exactly with the overall number of clients served.

The following are the total number of people served by the WCCMHB Funded Programs by target population across all quarters in PY3:

- Co-Occurring (0-17 years): 41
- Infant and Early Childhood (0-5 years): 362
- Substance Use Disorder (all ages): 2,384
- Co-Occurring (18+ years): 2,842
- Serious Emotional Disturbance (3-21 years): 5,910
- Serious Mental Illness (18+ years): 12,722
- Total: 24,261

## People Served by Quarter in PY3



Compared to PY2, the total number of clients served across all quarters increased from 17,932 to 24,261 – a 35.3% change. Q2 observed the highest amount of total clients at 6,748, driven primarily by target populations in the Serious Mental Illness, Serious Emotional Disturbance, and Substance Use Disorder categories. Generally, each target population also saw an increase in people served across all quarters compared to PY2, except for the Substance Use Disorder category, which saw a modest decline. However, this is due to the introduction of the new Co-Occurring categories.

While the target population categories of Infant & Early Childhood and Co-Occurring Ages 0-17 are incorporated into the chart displayed, their visual representation is quite small. In PY3, the number of Infant and Early Childhood clients averaged about 90 per quarter, approximately the same as PY2. Notably, the Co-Occurring Age 0-17 category increased continually across PY3, growing from 5 clients in Q1 to 18 in Q4.

## People Served by Age

Across all age categories, the largest amount of people fell into the 30 to 59 range at 7,208, followed by 6 to 17 and 18 to 29. However, the age categories have a variable amount of years between them, so the table on the next page summarizes the per year calculations.





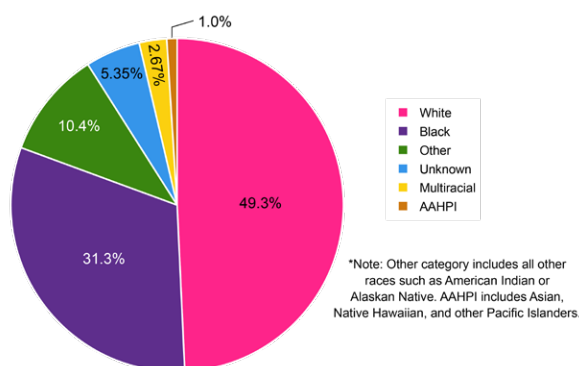
## PROGRAM YEAR 2023-2024 FUNDED CORE PROGRAMS OUTCOMES

Age Category	Number of Clients	Years in Age Category	Per Year Calculation (Clients/Years)
0 to 5	491	6	81.8
6 to 17	5556	12	463.0
18 to 29	3472	12	289.3
30 to 59	7208	30	240.3
60+ (Assumed 60 to 85)	1713	26	65.9
Unknown	548	N/A	N/A

After adjusting for how many years fall into each category, the top age category was 6 to 17, followed by 18 to 29. In fact, the combined 6 to 29 age category alone accounts for roughly half (47.5%) of those served in PY3. Note that, in some cases, totals across all surveyed categories for a particular demographic such as age may not align with the overall total for clients served of 24,261. This is simply due to some programs not reporting a particular demographic category on a quarterly basis.

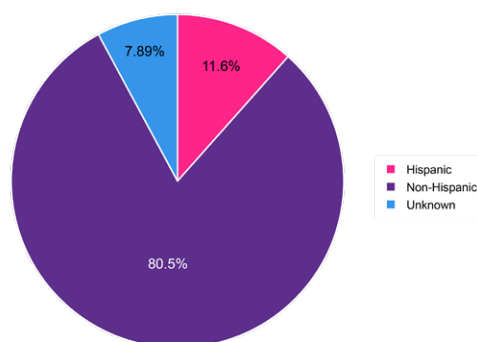
### People Served by Race

The largest racial categories observed during PY3 were white (49.3%), black (31.3%), other races (10.4%), and unknown (5.4%). A smaller proportion of individuals comprised the multiracial (2.7%) and AAHPI (1.0%) categories. Compared to PY2, there was an 8.3% increase in the percentage of black clients and a 3.1% increase in other races.



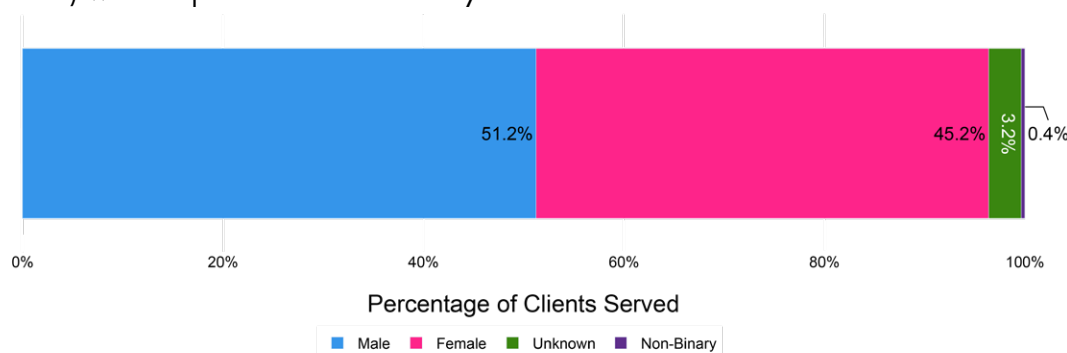
### People Served by Ethnicity

80.5% of clients in PY3 were categorized as Non-Hispanic and 11.6% as Hispanic. This is down from 19.0% percent in PY2; however, the unknown category did tick up by an additional 4.19% since PY2.



### People Served by Gender

In PY3, there were slightly more male (51.2%) compared to female (45.2%) clients, which is the opposite case compared to PY2. A very small percentage (0.4%) were reported as non-binary.





PROGRAM  
YEARS 4-6  
FUNDED CORE  
PROGRAMS

## Program Years 4-6: Funded Core Programs Awards

See the explanation of the  
visual on the next page.

WCCMHB PY4-6: \$59,954,466

Rosecrance (Access to Care): \$7,665,177

City of Rockford (CCRT): \$6,995,786

Winnebago County Sheriff's Office: \$5,967,023

Rosecrance (Winnebago County System of Care): \$5,269,719

City of Rockford (MIH): \$4,864,321

Crusader Community Health: \$3,133,338

City of Rockford (IMPACT): \$1,910,394

Youth Services Network, Inc. (YTC): \$1,881,173

Winnebago County (JDC): \$1,426,449

UICOMR (Clinical Learning & Education in Addiction): \$1,412,070

Rockford Park District Foundation: \$1,355,496

Youth Services Network, Inc. (MH4Y): \$1,351,918

Boys & Girls Club of Rockford: \$1,291,996

Brightpoint (EPIC): \$1,227,609

Marshmallow's HOPE: \$1,189,113

RAMP Disability Resources & Services: \$1,020,421

NAMI Northern Illinois (Hope Starts with Us): \$958,094

Alignment Rockford: \$942,205

City of Rockford (Family Peace Center): \$882,700

UICOMR (CARE): \$846,649

Family Counseling Services: \$809,713

Brightpoint (Doula): \$778,812

Rockford Barbell: \$775,354

UICOMR (MERIT): \$723,444

Winnebago County (JRIC): \$605,115

Winnebago County (RIC): \$605,115

YMCA of Rock River Valley: \$558,542

RSAC (Mental Health Services): \$547,120

Lifescape: \$526,689

Winnebago County Health Department: \$506,195

Winnebago County (Assistant State's Attorney): \$368,247

NICNE: \$337,897

Remedies Renewing Lives: \$325,347

Shelter Care Ministries: \$262,152

Summit Academy: \$231,708

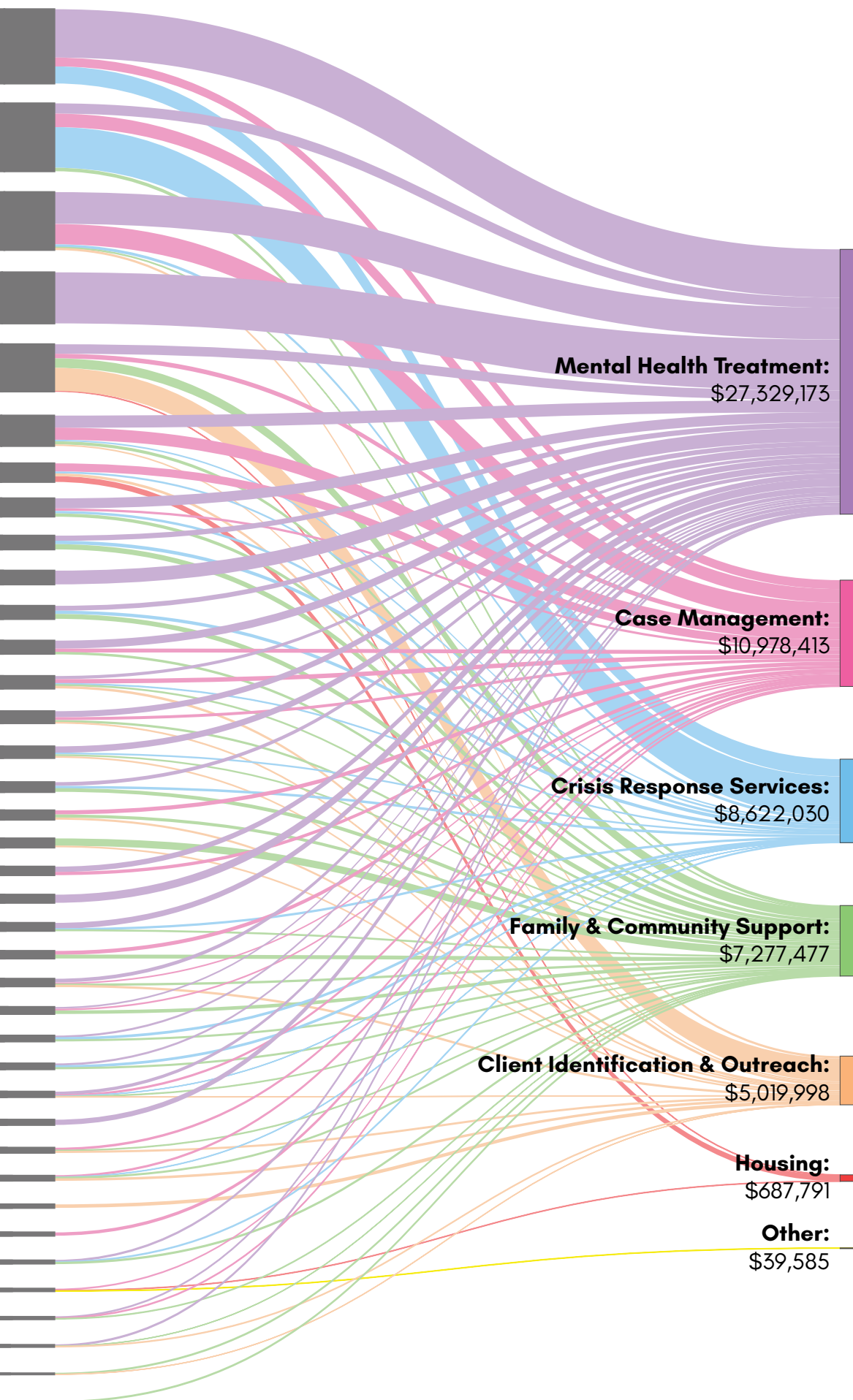
FCS - Brooke Road United Methodist Church: \$198,980

Prairie State Legal Services: \$103,964

Tommy Corral Memorial Foundation: \$98,421



PROGRAM  
YEARS 4-6  
FUNDED CORE  
PROGRAMS





## PROGRAM YEARS 4-6 FUNDED CORE PROGRAMS

### Program Years 4-6 Funded Core Programs

For Program Years 4-6 (PY4-6), WCCMHB transitioned from one-year funding cycles to three-year cycles. This means \$60 million was granted to fund and expand 38 programs over three years – June 1st, 2024 to May 31st, 2027. Out of 41 approved proposals, 36 renewal applications were funded, 3 new Programs were approved to merge with renewal programs, and two entirely new programs were approved for funding, resulting in a total of 38 Funded Core programs for PY4-6. Twenty-five programs were awarded three-year contracts, and thirteen programs received a one-year contract that can be renewed at the Board's discretion for an additional one or two years.

The timeline for the PY4-6 grant cycle is as follows:

- April 3, 2024 – Funding Decisions for New & Renewal Programs Announced
- June 1, 2024 – Program Year 4 Begins
- December 4, 2024 – NOFO and Application for PY5-6 Renewals Released
- February 19, 2025 – Application for PY5-6 Renewals Due
- April 2, 2025 – PY5-6 Renewal Funding Decisions Announced
- May 31, 2025 – Program Year 4 Ends
  - Program Year 4: June 1, 2024 – May 30, 2025
  - Program Year 5: June 1, 2025 – May 30, 2026
  - Program Year 6: June 1, 2026 – May 30, 2027

Funded Programs provide any combination of mental health treatment, crisis response services, case management, family and community support, client identification and outreach, and housing services. The programs address the needs of the Target Populations of Serious Mental Illness (18+ yrs.), Serious Emotional Disturbances (3-21 yrs.), Infant and Early Childhood Mental Health (0-5 yrs.), Substance Use Disorders (all ages). Co-Occurring Disorders (0-17 & 18+ yrs.) were included as a reportable population starting in Program Year 3 (PY3). Co-Occurring Disorders are any combinations of two or more Substance Use Disorders (SUD) and mental disorders. WCCMHB strategically allocated these funds to support the expansion and improvement of community mental health and substance use programs.

The visualization on the previous page shows the amount awarded to each priority area and program over the course of PY4-6. On the right of the image are the funding amounts by priority area. Each organization estimated the amount of funding allocated to each priority area in their grant applications. Each award's 'lead' agency is in the middle of the visualization with its awarded amount. In many cases, the actual program is a collaboration of multiple organizations. Additional participating organizations' logos can be found with the Funded Program descriptions starting on page 21. Amounts awarded are funding commitments and do not reflect actual amounts distributed in Fiscal Year 2024 since program years extend beyond the Fiscal Year.



More information, such as links and contact information for each program, can be found at [bit.ly/WCCMHBFundedPrograms](https://bit.ly/WCCMHBFundedPrograms)



More information on the program's data can be found at [bit.ly/WCCMHB-DataDashboard](https://bit.ly/WCCMHB-DataDashboard)

## Program Year Coins Key:



Programs from  
2023 - 2024 (PY3)



Programs from  
2023 - 2024 (PY3),  
2022-2023 (PY2)  
and 2021 - 2022 (PY1)



Programs from  
PY4



Programs from  
2023 - 2024 (PY3),  
and 2022 - 2023 (PY2)



Programs from  
PY4, PY5, and PY6

## Alignment Rockford



### How are the Children?

Alignment Rockford will expand the Early Development Instrument (EDI) kindergarten survey across Winnebago County, creating a comprehensive early childhood health and well-being data set. This data will inform the development of a system-wide framework to support mental health for children ages 0-5, addressing a critical gap in the community. Alignment Rockford, with a strong track record in early childhood collaboration and parent support, will lead this effort in partnership with local, state, and national stakeholders. The goal is to develop a model for early childhood mental health support, foster local community-based usage of EDI data, and ultimately improve the quality of life for all 17,000 children under five in the county. With funding, Alignment Rockford will make a lasting impact on the well-being of our community's youngest members, setting them up for a healthy and successful future.

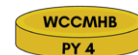


## Boys & Girls Club of Rockford



### Social-Emotional Skill Building and SED Services

Boys & Girls Club of Rockford will offer evidence-based programs designed to build social-emotional development for youth in our community. Social-emotional skills are needed to achieve academic success, grow character and leadership skills, and commit to a healthy lifestyle. Through targeted programs with specific objectives of building social-emotional knowledge, Club members practice what they learn in a safe, supportive space. A collaboration with Rosecrance allows a continuum of care to all youth; including those impacted by severe emotional disturbance or trauma-based symptoms. Further, this program will increase access to these skill development programs for marginalized youth in underrepresented communities who oftentimes lack access to these programs and services. The success of this program is to bring services to young people in Club locations where they feel comfortable and safe.



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**Brightpoint**

**Brightpoint**

Strong Families • Thriving Children

## Doula Program

The Doula Program, through Brightpoint, will continue to fund two doula positions for its fourth year, including a Doula II. Doulas are trained professionals who provide continuous physical, emotional, and informational support to a mother and her support system. They provide in-person support during childbirth as well as education and information for new families about attachment, regulation, and other common issues that arise during the perinatal period. The Doula II can follow families with significant mental health concerns for up to an entire year postpartum. The Doula Program will work closely with community partners to receive referrals to eligible pregnant mothers and aims to serve a total of 40 clients for PY4.



## EPIC Program: Early Prevention in the Community

Brightpoint's Early Prevention in the Community (EPIC) Program provides trauma-informed individual and group counseling for students in Winnebago County in partnership with Harlem Unit School District 122. The EPIC program aims to reduce the symptoms of trauma to allow students to fully engage in their school and community. Therapists are trained in Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Trust Based Relational Intervention (TBRI), Child Parent Psychotherapy (CPP), and Theraplay. This program serves around 150 individuals annually.



## City of Rockford



## Crisis Co-Response Team (CCRT)

The Rockford Police Department, Loves Park Police Department, Winnebago County Sheriff's Office, and Rosecrance collaborate to form the Crisis Co-Response Team (CCRT), which aims to serve 1,800 Winnebago County Residents living with Behavioral Health Issues, including serious mental illness and/or substance use disorders.



The City and collaborators recognize that oftentimes, criminal acts are merely symptoms of an underlying issue. CCRT hopes to reduce prosecution for those experiencing behavioral health crises. The goal of CCRT is to improve law enforcement's current response to behavioral health crises and believes that these positive contacts and linkage to services are critical to a healthier, safer community.

CCRT assists those who come in contact with and/or are referred to CCRT via police report, officer referral or community referral for the purpose of promoting safer encounters between individuals in need of crisis services and police department personnel by utilizing a co-responder model, which pairs law enforcement with mental health professionals.

CCRT refers, links, and encourages participation in appropriate mental health services, substance use treatment and any other services that may fit the individual's needs. CCRT completes follow-ups, assists with court referrals to the criminal justice system, and responds to live calls fielded by the City and County 911 centers where mental health or substance use may be an issue.



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BEHAVIORAL HEALTH

## Mobile Integrated Health - Mental Health Program

With a focus on early intervention and prevention, the Rockford Fire Department and UW Health collaborate to form the Mobile Integrated Health - Mental Health program (MIH - MHP). The goal is to identify those in need of mental health crisis services and to provide the appropriate response. The MIH - MHP is a proven, evidence-based program that follows the current best practices in assisting those with mental health concerns. The MIH - MHP focuses on treating individuals who have utilized 911 emergency services for non-police-related calls or who have been hospitalized repeatedly due to mental health issues. By creating a more appropriate level of response, and a strategic way of providing assistance for those suffering with mental illness, there will be a decrease in 911 call volume and unnecessary Emergency Department transports. This program aims to serve 1,800 additional Winnebago County residents.



**UWHealth**

## Inclusive Wellness Programming at FPC

The Family Peace Center (FPC) is a multi-agency, collaborative organization providing services to survivors of domestic and sexual violence. The FPC's WCCMHB funding supports two projects:

- 1) To provide case management, holistic support, and wellness programming to survivors of domestic and sexual violence who may be experiencing additional barriers due to the trauma they've experienced and its impact on their mental health; and
- 2) To sustain a workplace environment for FPC staff and partners that is supportive, vicarious-trauma informed, and hope-centered.

Aligned with emerging research and trauma-informed practices, this programming is creative and inclusive as it seeks to address the increasing mental health and wellness needs of survivors of domestic violence and the experiences of vicarious trauma of staff and partners.



**Family Peace Center**  
Restoring Survivors of Domestic and Sexual Violence



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## City of Rockford



### City of Rockford Health & Human Services Department - IMPACT (Integrated Mobile Partners Action Crisis Team)

City of Rockford Health & Human Services Department, Integrated Mobile Partners Action Crisis Team (IMPACT), is a needs-based, community program that will help Winnebago County's most seriously mentally ill and addicted unhoused individuals. Using strong partnerships, this program provides one-on-one mental health navigators to walk beside this vulnerable population and connects them with a variety of successful programs. IMPACT already has strong partnerships in place with Crusader Community Health, Rosecrance, UW Health Systems, Rockford Fire Department - Mobile Integrated Healthcare Program (MIH), and other community programs. IMPACT is client-centered, and the navigators are in place to guide, nurture, care for, and mentor the targeted population by demonstrating dedication, competence, and building rapport with the clients. The Navigators received extensive training that will allow them to have ongoing success in their positions, starting with Crisis Intervention Training as basic learning. Additionally, the Navigator assists in getting the unhoused clients into the Transitional Housing units that will also be funded. While in this temporary housing, a Housing Navigator (case manager) provides the clients with the support they need, building the client's confidence and teaching them the skills they need to move to independent, permanent housing.



## Crusader Community Health



### Behavioral Health Services

Crusader utilizes an integrated model of treatment in which mental health and/or substance use treatment services are provided in a primary care setting for child, adolescent, and adult patients. WCCMHB grant funding enabled Crusader to increase the behavioral health workforce and expand services offered to patients. Crusader has full-time, Behavioral Health Consultants who provide mental health and substance abuse services such as assessment, diagnosis, and therapy. Additionally, Crusader Behavioral Health Case Managers provide coordination, collaboration, advocacy, psychoeducation, crisis intervention, and supportive





counseling to patients and their families. The case managers are the primary point of contact for patients receiving behavioral health services, including telepsychiatry and/or medication-assisted treatment (MAT) services, thus increasing accessibility, availability, and timeliness to address the needs of patients and reduce barriers to care. Behavioral Health Consultants and Behavioral Health Case Managers also provide services to patients receiving MAT services for opioid use disorder and/or alcohol use disorder. Crusader offers part-time telepsychiatry services to provide diagnostic evaluation and medication management for child, adolescent, and adult patients, as well as peer-to-peer consultation services for medical and behavioral health providers. Finally, the Crusader Behavioral Health Department Assistant/Certified Medical Assistant (CMA) provides departmental support, provider practice management, community outreach and engagement, and staff onboarding and training coordination and is the medical assistant for Crusader telepsychiatry services.

## Family Counseling Services



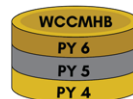
### Mental Health Counseling

Family Counseling Services (FCS) utilized the WCCMHB grant for additional resources to provide more mental health counseling for more people. This includes therapists, office space, materials and supplies used in therapy, and ongoing training and professional development of staff. Services include art and play therapy, various types of experiential therapy, some crisis counseling services for children and adults, group therapy, and education on mental health topics for the public. In addition, WCCMHB funding is used to develop and support the FCS internship program to help train future mental health therapists for FCS and Winnebago County residents.



### Brooke Road Community Center - BRCC Community Mental Wellness Response Program

The BRCC Community Wellness Response Program provides a sense of safety and security to children and families while partnering with other local organizations that improve participants' overall knowledge of available community services, mental health care, and quality of life. With access to counseling services, large support groups, and enriching life skills programs, children and families learn the importance of hygiene care, nutrition, intergenerational wraparounds, and how to stay safe. Being in the center of southeast Rockford, BRCC reaches many families to reduce mental health stigma and break down barriers to direct access to mental health care and community wellness.



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## Lifescape



### Senior Mental Health Program

Lifescape's Senior Mental Health Program seeks to strengthen older adults' (aged 60+) resilience and mental health well-being through many of life's changes by assessing, educating, and referring participants to the support and help they need.



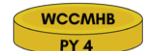
Lifescape utilizes validated screening tools to assist with recognizing Social Isolation, Loneliness, and Depression. Using an evidence-based program, Healthy IDEAS, they focus on depression awareness and education to ensure participants can recognize signs & symptoms of depression and link them to community resources. Depression is not a normal part of aging, and they are here to assist with cultivating coping skills and provide education & advocacy, so that individuals can live full healthy, connected, and informed lives.

## Marshmallow's HOPE Nonprofit Organization



### Youth Suicide Prevention

They provide pro bono psychotherapy to youth, emerging adults, and families affected by suicide, offering crucial interventions within 24/48 hours of referral, bypassing the typical 6 to 12-month waiting period. With the WCCMHB funding award, Marshmallow's HOPE is expanding youth access to mental health care by introducing an Intensive Outpatient Program (IOP) for at-risk youth, utilizing evidence-based treatments. Implementing a step-up/step-down continuum of care through Intensive Outpatient Programs (IOP) and outpatient counseling can significantly enhance the effectiveness of mental health services. This holistic approach aims to prevent and intervene early in mental health concerns, contributing to a more resilient and proactive mental health framework for the Winnebago community, which faces some of the highest youth suicide rates in Illinois.



## NAMI Northern Illinois



### Hope Starts With Us

NAMI Northern Illinois provides advocacy-driven case management services for those impacted by mental illness. These services aim at eliminating barriers, reducing confusion, increasing linkages with appropriate direct service, and increasing individual, family and community support, while also providing educational programming to improve the response to mental illness for all. This program aims to serve 225 Winnebago County residents using various evidence-based practices.

NAMI Northern Illinois will also expand its service hours and person-centered programming by adding family support and recovery support specialists to the team. These positions revolve around creating a supportive community, promoting long-term recovery, and providing education and resources into the evening hours. By offering a combination of emotional support, practical assistance, and education, recovery and family support specialists will empower an additional 175 individuals and families to achieve their goals.



## Northern Illinois Center for Nonprofit Excellence (NICNE)



NORTHERN ILLINOIS UNIVERSITY

**Northern Illinois Center  
for Nonprofit Excellence**

### Case Management Training & Community of Practice

The Northern Illinois Center for Nonprofit Excellence (NICNE) and partner human service organizations provides case managers and clinicians within local mental health and substance abuse organizations training in a community-wide approach to case management that is a strength-based and person-centered, focused on helping participants achieve specific, self-defined outcomes. NICNE continues to grow the Community of Practice (COP) for case management to increase knowledge of available services, complement IRIS, expedite access to services, and enhance referrals. NICNE expands the case management training through a biennial (every two years) conference for case managers with regional and evidenced-based speakers in PY4 & PY6 to expand knowledge of case management programming with continued program evaluation in PY5 to further evaluate the results of the trainings, COP and free conferences to improve future program deliverables.



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## Prairie State Legal Services



### Legal Services for Residents with Mental Illness

Prairie State Legal Services (PSLS) provides high-quality legal services for individuals with mental illness who need support, such as information, advice, advocacy, and court representation. PSLS understands that low-income individuals with mental impairments are particularly vulnerable when confronted with legal issues because they are often unable to be effective self-advocates. This is particularly a concern with civil legal issues impacting the ability of the individual to provide for their basic human needs, including housing, safety, and financial stability. PSLS helps individuals with mental illness to overcome barriers to provide for their basic needs. PSLS serves clients at risk of losing their housing by fighting against illegal evictions, utility shut-offs, housing discrimination, or mortgage foreclosure; clients facing violence by obtaining restraining orders against abusers; and clients facing financial instability by fighting against wrongful denials of needs-based governmental assistance programs and improper collection practices. PSLS also opens paths toward financial stability and independence by removing barriers to employment; by restoring driver's licenses, fighting against wrongful denials of professional licensing, and helping clients move past criminal records through sealings, expungements, and health care waivers.



## RAMP



### Mental Health Services and Training

The Mental Health Services and Training program, through the Regional Access and Mobilization Project (RAMP), partners with community organizations to provide mental health training, services, and advocacy to support and assist families and the community. RAMP provides marketing and outreach to identify at-risk and underserved individuals in order to educate the community about mental health. The Mental Health Services and Training program serves approximately 520 clients total across all four WCCMHB target populations annually.

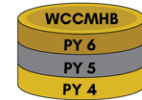
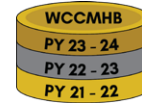


# Remedies Renewing Lives



## Domestic Violence Therapy & Advocacy Project

The Domestic Violence Therapy and Advocacy Project of Remedies Renewing Lives provides comprehensive support to survivors who have experienced multiple victimizations of domestic violence such as intimate partner violence, family violence, sexual assault, child abuse, and community violence. Our therapist and advocate offer immediate and ongoing therapeutic and advocacy-based crisis support with survivors accessing our 24-hour emergency shelter or non-residential programming. Services additionally offer case management assistance, help survivors connect with local resources, and assist with safety planning. All services are completely confidential, free of charge, and support survivor autonomy.



## Rockford Barbell



## Youth Self-Regulation Programs

Rockford Barbell's Youth Self-Regulation Programs include yoga or weightlifting classes in conjunction with social-emotional learning. It targets youths who experience a lack of social-emotional skills and other mental health concerns due to trauma. The program utilizes best practices in trauma treatment by developing therapeutic rapport, providing direct instruction in self-regulation and skill building, and engaging in both individual and group therapy. The therapist and program staff collaborate with community agencies, schools, and family members in order to provide wrap-around services as a part of each individual treatment plan. The program also creates content to educate family and community members on the best practices for creating and maintaining a trauma-informed environment.



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## Rockford Park District Foundation



### Unique Mental Health Services

The Perks Family Equine Center at Lockwood Park provides year-round Equine Assisted Learning Activities and Psychotherapy programming, which offer valuable experiential opportunities for life skill and social-emotional learning to individuals with mental health and trauma-related needs. The Rockford Park District serves youth and families in the community by providing new, unique, and relevant ways to complement traditional mental health treatment addressing the social, emotional, and behavioral challenges of individuals. This expansion of services for young people provides access for those struggling with trauma, mental health, and substance abuse disorders through evidence-based equine therapy and activities. The services provided at the Perks Family Equine Center harness the power of the horse to bring hope and healing to the youth served.



## Rockford Sexual Assault Counseling (RSAC)



### RSAC Mental Health Services

Rockford Sexual Assault Counseling (RSAC) provides outreach therapy to schools in the area to ensure that child and adolescent sexual abuse/assault survivors can receive free quality therapy services. Sexual abuse and assault cause severe emotional disturbances, which can be helped by having trained professionals providing therapy. Since many children and adolescents have transportation issues, providing therapy in the schools meets the survivors in a safe, convenient place that allows for consistent appointments.



In addition, RSAC provides a free, regularly occurring support group for sexual assault/abuse survivors with mental health issues for ages 50+. Groups allow those survivors to start services more quickly by entering group while waiting for individual therapy as well as connect with others in their age range who can identify more closely with their experiences and stigmas surrounding sexual abuse/assault and mental health. Group will focus on triggers, mindfulness, anxiety, depression, self-harm reduction, coping skills, unhealthy relationships, and grounding techniques.



# Rosecrance Behavioral Health



## Rosecrance Access to Care

Rosecrance Access to Care serves individuals five years and older for Serious Emotional Disturbance (SED), individuals 18 and older for Serious Mental Illness (SMI), and individuals of all ages for Substance Use Disorders (SUD). Access to Care offers rapid access to psychiatric treatment, which includes “on demand” availability of interpreter services, expansion of evening service hours, reduction in wait times for psychiatric diagnostic evaluation, and treatment coordination for individuals across the lifespan who are experiencing mental health and/or substance use needs. Rosecrance utilizes a case manager who serves as a care navigator to meet individuals where they are in their recovery to eliminate barriers and coordinate treatment. To meet the constant shift in the landscape impacting our community and to increase access for people who need opioid addiction treatment, the Rosecrance Access to Care program expands access to Medication-Assisted Treatment (MAT). This expansion includes a board-certified addiction medical provider who will offer FDA-approved medications to provide a “whole-patient” approach to the treatment of substance use disorders. Access to Care offers an all-inclusive range of substance use and mental health disorder treatments, especially for individuals who have the most complex needs. The extension of psychiatric and nursing services at the Rosecrance Mulberry Center expands crisis response services to ensure that adults experiencing a behavioral health crisis will have access to crisis stabilization services 24/7/365 as an alternative to psychiatric hospitalization and to reduce the risk of justice involvement. With WCCMHB funding, Rosecrance Access to Care offers a full continuum of behavioral health services for individuals who reside in Winnebago County to achieve recovery and sustain improvements in abstinence and symptom improvement.



## Winnebago County System of Care

Rosecrance Winnebago County System of Care provides priority access to substance use treatment for adults who reside in Winnebago County for withdrawal management and residential treatment of drug use and alcohol use. With the support of the WCCMHB, Rosecrance Winnebago County System of Care fills a gap in this priority area, improves client outcomes, and responds to community needs. This partnership provides low-income individuals and families access to withdrawal management/detox by dedicating beds specifically for individuals who reside in Winnebago County. Upon completion of withdrawal management/detox, the client is provided care coordination with the Rosecrance Harrison Campus treatment team to develop a transition plan to residential/inpatient



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Substance Use Disorder (SUD) treatment. Rosecrance anticipates serving over 315 individuals annually with this funding. In addition, Rosecrance offers harm reduction services to address the opioid overdose public health epidemic to save lives, minimize stigma, and promote access to healthcare, social services, and treatment.

## Shelter Care Ministries



### Jubilee Community Outreach and Housing Stability

Shelter Care believes stable housing and supportive services are key to helping adults living with mental illness recover and thrive. The Jubilee Outreach Program helps people maintain safe, affordable, clean housing, which improves their ability to manage mental and physical health. Housed individuals create a plan to improve areas of their lives and are both supported and held accountable by the Jubilee Outreach Advocate. Current participant goals include staying on track with medication, improving physical health, and finding more suitable housing.



## Summit Academy



### Transition Counselor and Mental Health Curriculum

Summit Academy seeks to add a Transition Counselor for at-risk students to promote academic and social/emotional wellness. This position facilitates communication between districts, students, and their families to ensure a successful transition for students who are referred to Summit's alternate education program. Summit Academy also provides trauma-informed group lessons using new curriculums to promote self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. School counselors and social workers provide culturally relevant and age-appropriate lessons to support skill-building and emotional wellness. 350 students will be served annually.





# Tommy Corral Memorial Foundation



## Family & Community MHFA Training

The Tommy Corral Memorial Foundation (TCMF) is dedicated to improving community education, reducing stigmas around mental illness and substance abuse, and encouraging people to seek help when needed. TCMF is working with a variety of community organizations, professionals, and the public to provide Mental Health First Aid training and educational programs. The Mental Health First Aid program teaches individuals how to spot, understand, and react to signs of mental illness and substance use disorders. The training equips people with the skills needed to give initial help and support to someone who might be developing a mental health or substance use problem or experiencing a crisis. This aid can be given until the person receives appropriate professional treatment or the crisis is resolved. The Tommy Corral Memorial Foundation hopes to train over 300 individuals annually in Winnebago County.



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## University of Illinois College of Medicine Rockford



**UNIVERSITY OF ILLINOIS**  
COLLEGE OF MEDICINE | ROCKFORD

## CARE Program - Compassionate Appreciation for Recovery in Everyone

In conjunction with UI Health Mile Square Health Center (MSHC) - L.P. Johnson Rockford and the Winnebago County Justice Center (WCJC), the University of Illinois College of Medicine Rockford (UICOMR) Department of Family and Community Medicine's CARE program, provides a fully integrated transition to care services for individuals who are incarcerated upon their return to society for medical, mental health, and substance use disorders.





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## University of Illinois College of Medicine Rockford



**UNIVERSITY OF ILLINOIS**  
COLLEGE OF MEDICINE | ROCKFORD

### Clinical Learning and Education in Addiction

University of Illinois College of Medicine Rockford expands existing partnerships with UW Health SwedishAmerican and Rosecrance, to provide training for primary care physicians in the Addiction Medicine Fellowship Program: Clinical Learning and Education in Addiction. Clinical Learning and Education in Addiction addresses the county's workforce need for medical providers with expertise in addiction medicine through the hiring of an Addiction Medicine Fellowship Director and at least one Addiction Medicine Fellow per year. The fellowship director and fellow provide addiction services to all citizens of Winnebago County regardless of ability to pay. Furthermore, we anticipate that graduates of the UICOMR's Addiction Medicine Fellowship Program will stay in the area after completing their training to continue providing addiction medicine treatment.



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**UWHealth**

### Medical Evaluation Response Initiative Team (MERIT) - Transition Counselor and Mental Health Curriculum

Winnebago County has the second-highest rate of child abuse/neglect in the State of Illinois. The negative effects of child abuse/neglect go beyond just physical and psychological damage and can last a lifetime, leading to issues such as depression, anxiety, low academic attainment, and violent behavior. To address this issue, the University of Illinois College of Medicine established the Medical Evaluation Response Intervention Team (MERIT), which provides immediate medical care to victims and collects forensic evidence needed to prosecute perpetrators. MERIT also educates the public and healthcare professionals on how to prevent child abuse/neglect and care for victims. To further support victims, MERIT hired a full-time licensed clinical social worker to implement a comprehensive trauma-informed care program that includes an initial behavioral assessment and 5-7 follow-up sessions. This individual also provides ongoing case management to ensure individuals receive necessary follow-up and services.





Juvenile Detention Center (JDC)

With the support of the Winnebago County Community Mental Health Board’s funding, the Winnebago County Juvenile Detention Center aims to reduce youth/adolescent isolation and improve overall mental health by addressing the behavioral health needs of detained youth through assessment, crisis intervention, therapeutic intervention, and coordination of services. This program aims to serve 220 youth.



Small groups are facilitated using one or more of the following: cognitive behavioral therapy, dialectical behavioral therapy, and/or trauma-informed care. Groups are held several times during the week to ensure that all youth have the opportunity to attend, participate, and learn. Individual sessions are completed with youth for improved mental health functioning or for youth in crisis.

Juvenile Resource Intervention Center (JRIC)

Increasingly, youth exhibiting significant mental health and behavioral programs have encountered the juvenile justice system. The JRIC conducts assessments and case management coordination for urgent or crisis situations. Cognitive-behavioral approaches, such as dialectical behavior therapy (DBT), have shown particular promise for application to corrections populations. As such, the Juvenile Resource Intervention Center intervenes using the Dialectical Behavior Therapy (DBT) therapeutic model and offers individual and group therapy for the highest risk youth. These therapeutic services including DBT will be available to 75 youth.



Resource Intervention Center (RIC)

Winnebago County will expand The Resource Intervention Center (RIC), which is a multiagency, multidisciplinary center where public and private agencies assign staff members to be co-located to deliver evidence-based, coordinated services to individuals in probation or pre-trial supervision in Winnebago County. Research indicates that focusing on high-risk individuals is the path to reducing recidivism. As such, RIC services are only available to those deemed moderate to high-risk based on actuarial risk assessment results. Bringing service providers in-house supports both research findings and is the RIC strategy for delivering all services. This proposal seeks to increase RIC service offerings to include dialectical behavioral therapy (DBT), individual therapy sessions, and Seeking Safety, a therapeutic model for highest-risk offenders impacted by substance use disorder, and/or posttraumatic stress disorder (PTSD). This program serves approximately 120 criminal justice-involved individuals annually.





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## Winnebago County



**WINNEBAGO COUNTY**  
— ILLINOIS —

### Assistant State's Attorney - Mental Health

The Winnebago County Office of the State's Attorney provides the 17th Judicial Circuit Courts with a dedicated and specially trained Assistant State's Attorney to help individuals with substance-abuse disorders, behavioral and mental health issues proceed through the criminal justice system. The Office of the State's Attorney has the authority to decide how to proceed in criminal cases. When appropriate, the Assistant States Attorney can dismiss criminal charges during the first court appearance and then serve as a conduit to ensure that the individual receives the court-appointed behavioral health and supportive services necessary to lead to positive outcomes. In addition, the Mental Health Assistant States Attorney handles Firearms Restraining Orders and civil commitments as needed or appropriate, with the ultimate goal of increasing positive outcomes for individuals and reducing recidivism.



## Winnebago County Health Department



Winnebago County

## Health Department

### Trauma-Informed Community Care Coordination

With WCCMHB funding, Winnebago County Health Department (WCHD) works toward building a Trauma-Informed Community and expanding the impact of the Trauma-Informed Workgroups by working with the Illinois Collaboration on Youth (ICOY) to provide ongoing Trauma 101 and Advanced Trauma Training to local agencies, organizations, and community members. Additionally, WCHD incorporates IRIS, an online referral system, into its focus on intervention and case management to improve the mental health and resilience of families and the community as a whole. This program aims to expand the IRIS system throughout the community and serve 50 WCHD clients and their families while utilizing trauma-informed practices.



Illinois  
Collaboration  
on Youth

# Winnebago County Sheriff's Office



WINNEBAGO COUNTY  
SHERIFF'S DEPARTMENT

## Winnebago County Jail Behavioral Health Program

The goal of the Winnebago County Jail Behavioral Health System-Enhanced Program, through the Winnebago County Sheriff's Office, is to assist in reducing overdoses/overdose deaths and increase recovery in Winnebago County. Studies have shown that the transition from jail back into the community can be very difficult for individuals who stopped the treatment received in jail, once they have integrated in the community, due to a lack of programs, medication, therapy, and counseling. WCCMHB funding provides the expansion of the existing mental health, discharge planning, and addiction services to now include a Medication Assisted Therapy (MAT) Program. The MAT program allows for a sustained continuity of care for individuals in custody. This is to ensure that they will not have any relapses or withdrawals while in custody and once released back into the community.



PROGRAM  
YEARS 4-6  
FUNDED CORE  
PROGRAMS

## YMCA of Rock River Valley



## Protecting Youth Mental Wellness

The YMCA, along with Rosecrance, offers early intervention, support, and treatment services to youth in the YMCA programs for the third year. By embedding a mental health counselor in the day-to-day activities at activities at the K-5 and Teens after-school program, youth will have access to both education and supportive therapy, as well as the opportunity to overcome the stigma of receiving mental health care. Programming includes community and parental outreach to reduce the stigma of mental health treatment and connection to other mental health services. Staff members also receive support in dealing with secondary trauma and personal situations that affect their mental health. This initiative aims to serve 150 children and adolescents within Winnebago County.





PROGRAM  
YEARS 4-6  
FUNDED CORE  
PROGRAMS

## Youth Services Network, Inc.



### Mental Health for Homeless Youth (MH4Y)

Mental Health for Homeless Youth (MH4Y) provides mental health counseling and case management services to youth, young men and women, and their minor children who are serviced through the Youth Services Network's homeless programs. The goal is to improve the youth's mental health and well-being so they are able to maintain and sustain long-term safe housing. MH4Y has therapists who work with the youth to decrease mental health symptoms, help them learn coping skills, and, when needed, appropriate parenting to assist them in dealing with frustration and anger. Therapists are also able to provide play therapy and intervention strategies for young children. Case Managers provide wrap-around services to offer extra support to youth needed to solidify issues addressed in therapy and to help maintain stability in the youth's life, help with housing, employment, school attendance, and finding resources in the community. All of the approaches are client-centered and evidence-based.

WCCMHB  
PY 23 - 24

WCCMHB  
PY 4

### Youth Trauma Clinic (YTC)

The Youth Trauma Clinic (YTC) is a walk-in clinic that provides mental health counseling and case management to youth, ages 0-21, who have encountered a trauma which can include child abuse, neglect, death of a loved one, bullying, pandemic effects and experiencing or witnessing violence in the home, school, or neighborhood. One of the goals is to eliminate the wait times many service providers in the area have; therefore, the aim is to start support within 24 hours of first contact. YTC has therapists who work with the youth to reduce traumatic stress symptoms and minimize any physical, social, and emotional concerns. Case Managers also offer extra support to youth needing help with school, attendance, schoolwork, and finding resources such as clothing, housing, transportation, and other community resources.

WCCMHB  
PY 23 - 24  
PY 22 - 23  
PY 21 - 22

WCCMHB  
PY 6  
PY 5  
PY 4

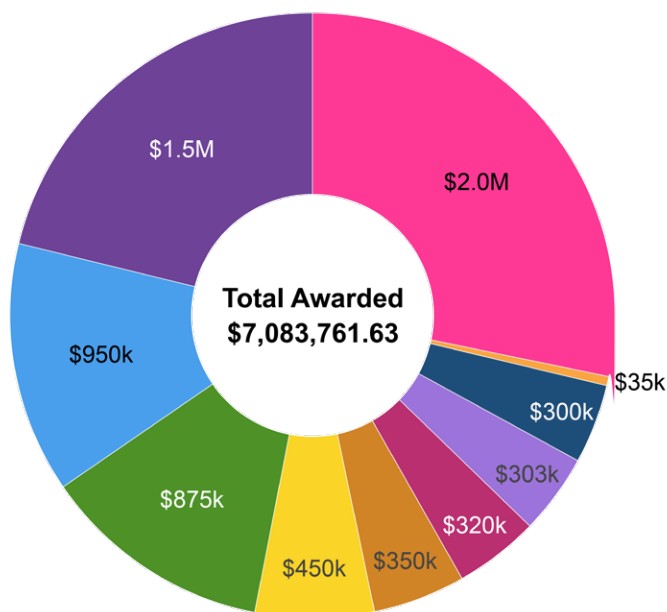


# WCCMHB Accelerator Awards

On November 3rd, 2023, the Winnebago County Community Mental Health Board approved a Notice of Funding Opportunity for "Accelerator Awards," utilizing surplus funding from past Core Program Years to fund time-sensitive, innovative projects that increase mental health and substance use services system capacity. Focus areas include Human, Social, and Physical Capital improvement projects to serve emerging and systemic community needs. Out of the \$10 million of available funds, \$7,083,761.63 was awarded to ten local organizations in Fiscal Year 2024 (FY24), with the remaining amount available for additional awards in Fiscal Year 2025. You can find the visual representation of the awards for programs funded in FY24 below. The programs' names, descriptions, award dates, and amounts can be found on pages 40 to 41.



WCCMHB  
ACCELERATOR  
AWARDS



- University of Illinois College of Medicine Rockford:**
  - Social Work Opportunities Tracks (SWOT) - \$2.0M
- Stepping Stones of Rockford:**
  - New Agency Main Office to Expand Treatment Options - \$1.5M
- Marshmallow's HOPE Nonprofit Organization:**
  - Marshmallow's HOPE Youth IOP - \$950k
- City of Rockford/Family Peace Center:**
  - Family Peace Center Expansion - \$875k
- Crusader Community Health:**
  - Crusader Behavioral Health: Dedicated Therapeutic Clinic Space - \$450k
- Community Foundation of Northern Illinois:**
  - Addressing Access and Coordination of Behavioral Healthcare - \$350k
- YMCA of Rock River Valley:**
  - Neighborhood Y/Youth Enrichment Center - \$320k
- Regional Office of Education (SOAR Academy):**
  - SOAR Academy Playground - \$303k
- Regional Office of Education #4:**
  - Safe and Secure Schools - \$300k
- Winnebago County:**
  - Justice-Involved Peer Navigator Program - \$35k



WCCMHB  
ACCELERATOR  
AWARDS

## **Winnebago County (Awarded April 2024)**

*Justice Involved Peer Navigator – \$35,000.00*

Winnebago County's Justice Involved Peer Navigator program applied Accelerator Award funding to the cost of one vehicle to transport justice-impaired individuals with opioid substance abuse disorder. The program assists individuals in transportation to substance use treatment, recovery meetings, and other services necessary for successful recovery.

## **City of Rockford / Family Peace Center (Awarded April 2024)**

*Family Peace Center Expansion – \$875,000.00*

The City of Rockford's Accelerator Award is being used to renovate a new location for the Family Peace Center (FPC), a resource center for survivors of domestic violence based on the internationally recognized best practice Family Justice Center Model. The awarded funds will cover the costs of HVAC upgrades, roof repair, and other facility improvements. The new space will be large enough to welcome University of Illinois Medical Evaluation Response Initiative Team (MERIT) and the Carrie Lynn Children's Center to join as full-time on-site partners.

## **Crusader Community Health (Awarded May 2024)**

*Dedicated Behavioral Health Clinic Space – \$450,000.00*

Crusader Community Health's Dedicated Behavioral Health Clinic Space project utilized their Accelerator Award to renovate and repurpose existing areas within their North Alpine Road and West State Street clinics. With awarded funding, Crusader Community Health developed therapeutic settings tailored for behavioral health providers/consultants, case managers, telepsychiatry, and support staff. These spaces were created to foster a more conducive atmosphere for therapy sessions, telepsychiatry services, and improving the overall patient experience.

## **Marshmallow's HOPE Nonprofit Organization (Awarded May 2024)**

*Intensive Outpatient & Mental Health Treatment Facility – \$950,000.00*

Marshmallow's HOPE Nonprofit Organization was awarded an Accelerator Award to develop their Intensive Outpatient and Mental Health Treatment Facility project, which fills a service gap for youth requiring mental health services in Winnebago County. Therapy is provided to clients aged 12-18 that are at an increased risk of suicide attempts using holistic approaches to mental wellness, such as mindfulness techniques and expressive arts therapy. With the Accelerator Award, Marshmallow's HOPE Nonprofit Organization established the first in-person Intensive Outpatient Program in Winnebago County and the Northern Illinois Region.

## **Regional Office of Education (Summit Academy) (Awarded May 2024)**

*SOAR Academy Playground – \$303,278.63*

The Regional Office of Education's Summit Academy applied their Accelerator Award to constructing an SEL Playground for its alternative elementary school



campus. As the first alternative elementary school in Winnebago County, Summit Academy provides a social and emotional learning curriculum with the goal of reconnecting its students to their home schools.

### **University of Illinois College of Medicine Rockford (Awarded May 2024)**

*Social Worker Opportunity Tracks (SWOT) - \$2,000,000.00*

The University of Illinois College of Medicine Rockford has created a Social Worker Opportunity Tracks (SWOT) program to support young adults interested in the mental health career field, partly funded by an Accelerator Award. The program will provide a streamlined pathway for new young professionals entering the workforce as licensed clinical social workers, certified drug addiction counselors, or in other clinical roles.

### **YMCA of Rock River Valley (Awarded May 2024)**

*Neighborhood Y / Youth Enrichment Center - \$320,483.00*

With an Accelerator Award, the YMCA of Rock River Valley completed renovations at its new Good Shepherd branch. Funds were applied to mental wellness spaces, incorporating programming including (but not limited to) direct therapeutic services, trauma care, and art therapy.

### **Community Foundation of Northern Illinois (Awarded June 2024)**

*Address Access and Coordination of Behavioral Healthcare - \$335,000.00*

With Accelerator Award funding, the Community Foundation of Northern Illinois contracted a consultant to identify gaps in behavioral health services in Winnebago County, utilizing publicly available data as well as data submitted by local mental health organizations. The consultant will identify needs, best practices, and potential solutions for care-coordination in Winnebago County.

### **Regional Office of Education (Awarded June 2024)**

*Safe and Secure Schools - \$300,000.00*

The Regional Office of Education used Accelerator Award funding to establish a regional safety team and create a standard in-person safety curriculum for schools. This initiative also provides training in trauma-informed care and restorative practices while supporting crisis planning, threat assessment, and trauma response.

### **Stepping Stones of Rockford (Awarded July 2024)**

*New Agency Main Office to Expand Treatment Options - \$1,500,000.00*

Stepping Stones of Rockford applied Accelerator Award funding to the cost of their agency's new office, allowing them to relocate internal and service operations to a strategically located location. The new office has additional space for more services, such as group therapy. Consolidation of administrative offices will also allow for Stepping Stones to open a new counseling center in an underserved geography within Winnebago County.



WCCMHB  
ACCELERATOR  
AWARDS



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2024



**Email:**

[info@mentalhealth.wincoil.gov](mailto:info@mentalhealth.wincoil.gov)



**Website:**

[rlplanning.org/community-impact/wccmhb](http://rlplanning.org/community-impact/wccmhb)



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