



WCCMHB

Winnebago County
Community Mental
Health Board

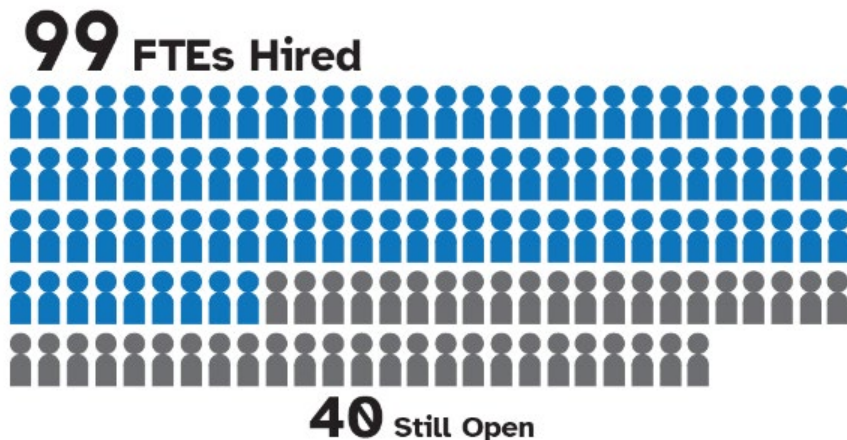
Program Year 2022 - 2023: Mid-Year Report

The purpose of this report is to inform the public about the work of the Winnebago County Community Mental Health Board (WCCMHB) funded programs in the first half of the Project Year 2023 (PY23). WCCMHB funded organizations are categorized by six priority funding areas and aim to address the needs of the identified target populations; the priority areas and target populations are chosen by the WCCMHB Board and are outlined in the [2021-2023 Strategic Plan](#). Information about proposed and filled full-time equivalent positions, funding spent, the number of individuals served, program outcomes, and program accomplishments from Quarter 1 and Quarter 2 of PY23 year are contained within this report.

In addition to the 15 funded programs from Program Year 2022 (PY22), PY23 includes 15 new funded programs, for a total of 30 WCCMHB funded programs in PY23. Renewal programs are indicated by a coin symbol next to their name in the "Program Outcomes and Accomplishments" section of this report. To read a description of each program, see the [PY23 Funded Programs Summaries Handout](#).

Full-Time Positions

WCCMHB programs proposed 139 full-time equivalent positions, and 99 (71%) of those positions have been filled for PY23. Some programs have had difficulty hiring staff, which delayed the start of some programs and their progress toward outcomes.



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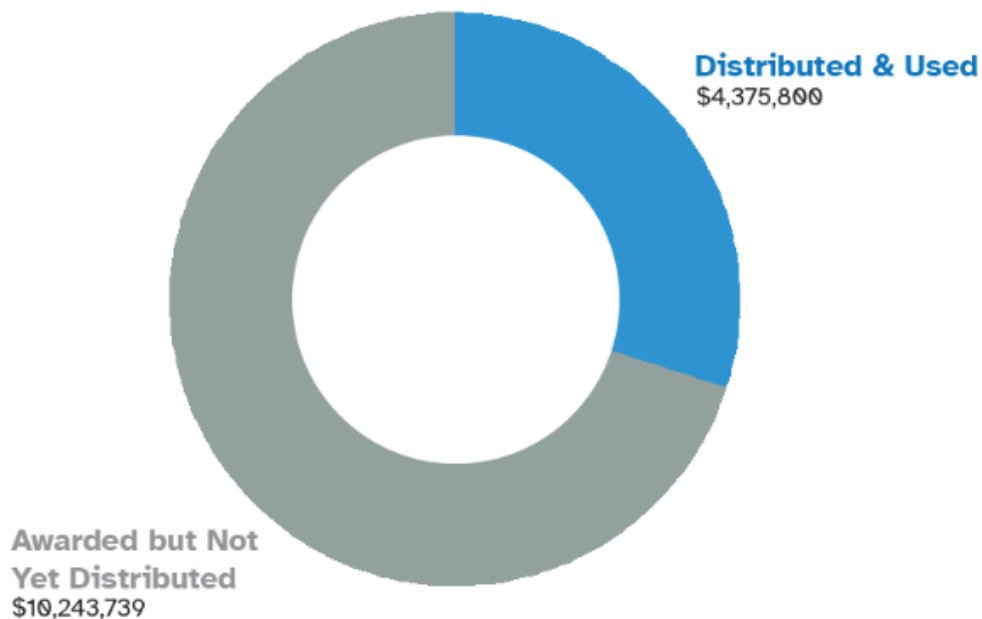
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Funding

A total of \$14,619,539 was awarded to WCCMHB funded programs for PY23. Of this total amount, \$4,375,800 has been distributed and used, and \$10,249,739 remains to be distributed and used. This means that 32% of available funds have been used (or 32% of budget utilization) for all 30 programs. Renewal programs had higher budget utilization than new programs since new programs have the additional challenge of hiring new staff, and workforce shortages persist.

Total Funding Awarded Project Year 2023

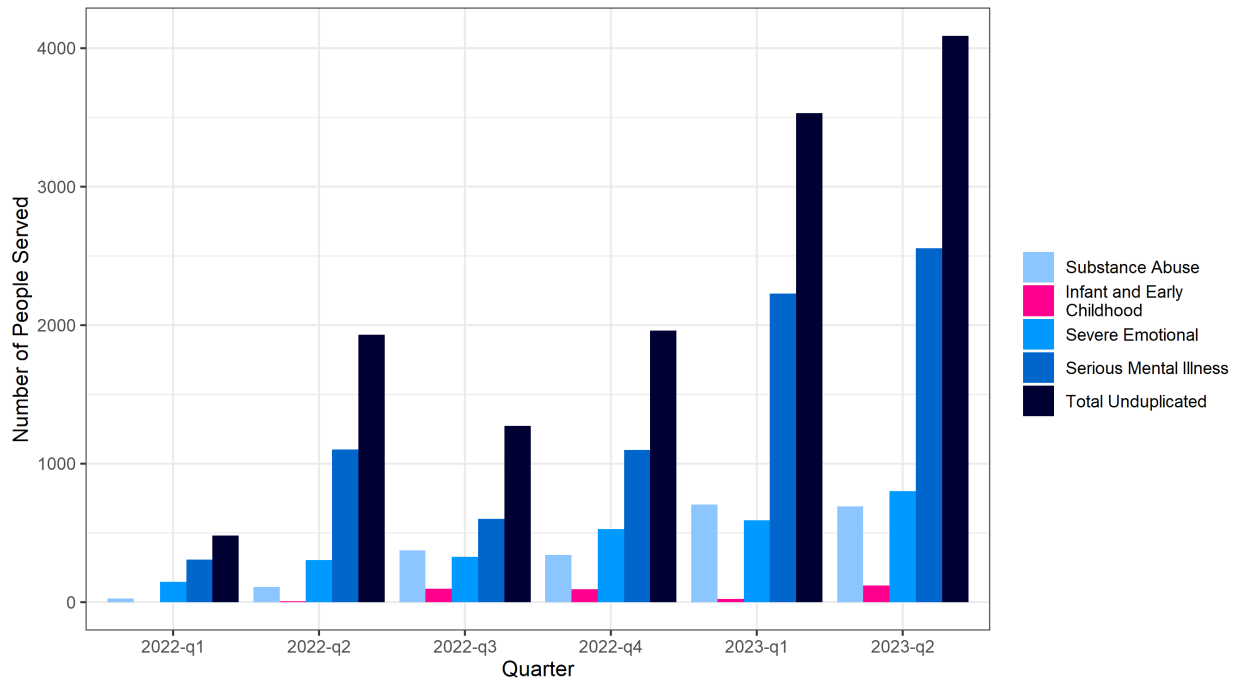


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Numbers Served



The numbers of individuals served by WCCMHB programs continues to grow, having served 4,089 unduplicated individuals in Quarter 2 of PY23, a 14% increase from Quarter 1 of PY23. The percentage of individuals served increased in each target population, except for individuals that experience substance abuse. Individuals served in infant and early childhood increased by 138%; individuals served that experienced severe emotional disturbances increased by 30%; individuals served that have a serious mental illness increased by 14%; and individuals served for substance (ab)use disorders stayed relatively constant





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Community Mental
Health Board

Program Outcomes and Accomplishments

Outcomes can be divided into three integrated categories: system-capacity outcomes, individual and family outcomes, and community outcomes. By improving the system capacity through the development and maintenance of a community support system in Winnebago County, the lives of individuals and families will be improved, which will in turn impact community health outcomes. Some outcomes are defined in the strategic plan, while others were proposed by organizations in their program proposals.

In total, the WCCMHB funded programs have 249 intended outcomes to report on for PY23. Of those outcomes, 146 are in progress, 64 have not yet been started, 30 have been completed, and only nine have been delayed.

Below are highlights and accomplishments of the WCCMHB funded programs from Quarter 1 and Quarter 2 of PY23. The boxes next to the program names represent the total number of outcomes a program has and the progress status of those outcomes. Outcomes are represented as, "not yet started" (a white box with a gray outline), "in progress" (a light blue box), "delayed" (a dark blue box), and "completed" (a black box).

-  **Not Yet Started**
-  **In Progress**
-  **Delayed**
-  **Completed**

Renewal Programs from Program Year 2021-2022 are labeled with the coin logo shown to the right.



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Boys and Girls Club

Youth Self-Regulation Program



In the Youth Self-Regulation Program, staff observed that youth who had consistent attendance were able to meet their personal treatment goals and developed friendships with one another in and outside of the program. Kids who participated in yoga displayed an increase in social-emotional vocabulary (words like gratitude, mindfulness, presence, etc.), which they then learned how to use when talking about their own emotions and feelings.

Children's Home and Aid

Doula Program



One of the goals of this program is to strengthen the parent-child attachments of the clients they serve. Of surveyed families, 100% reported that they felt they developed a stronger parent-child attachment over time in the Doula Program.

Early Prevention in the Community (EPIC)



The Children's Home and Aid EPIC Program is experiencing an influx of referrals from schools, family members, and by word of mouth, and is able to keep up with demand. From surveying parents of children in the EPIC Program, it was found that 86% of children experienced an improvement in their mental health.

Therapeutic Response with Intervention and Outreach (TRIO)



The TRIO Program hired three new staff members- a Program Manager, a Supervisor, and a Family Advocacy and Support Case Manager. With these positions filled, TRIO is better able to serve their clients and help them reach their individual goals.





Circle of Change

First Responder and Youth Classes



In this program, clients work with dogs and a professional dog trainer to develop social-emotional skills. The Youth Dog Program finished its first rotation, and Circle of Change is excited to start the next eight-week rotation. Additionally, Circle of Change is continuing to create partnerships with other organizations to provide holistic support and link their clients to other resources.

City of Rockford

Crisis Co-Response Team



The Crisis Co-Response Team (CCRT) receives many calls from clients, connects them to a variety of needed services, such as medical and mental health care, and provides follow-ups to clients. In PY23, CCRT received a total of 1,431 calls; 1,154 were for mental health crises, 142 were for substance abuse crises, and 135 were for dual disorder crises. CCRT provided 1,971 follow-ups to those clients. Of the clients surveyed, 100% reported that they felt better after connecting with CCRT.

Mobile Integrated Health Program



The Mobile Integrated Health (MIH) program has employed two registered nurses and is in the process of improving the 911 call center that can receive triage calls.





Crusader Community Health

Behavioral Health Services Expansion



Crusader hired additional Behavioral Health staff and integrated their Behavioral Health Services into their facilities. Because Crusader’s Behavioral Health Services are in the same facilities as their medical services, clients can be connected to Behavioral Health Services the same or next day, whether they went to the facility for Behavioral Health Services or not.

Family Counseling Services

Service Expansion 2.0



Family Counseling Services surveyed their clients and found that 87% reported improvement in their mental health since they began counseling services. Through their services, Family Counseling Services helps clients make connections to their peers and local communities.

Lifescope Community Services, Inc.

Senior Mental Health Program



This quarter, Lifescope participated in the Annual Senior Expo as part of their outreach. At the expo, Lifescope staff taught expo attendees about the symptoms of depression and how to register for the Healthy Identifying Depression & Empowering Activities for Seniors (IDEAS) program.





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Health Board

NAMI Northern Illinois

Support, Education & Mental Health Advocacy



In this program year, NAMI provided mental health education and outreach at 15 community events and held 11 information booths and presentations. Through their outreach and education efforts, NAMI made 329 connections with individuals and helped 19 families and individuals receive services.

OSF Healthcare System

STRIVE Trauma Recovery Center



The STRIVE Trauma Recovery Center provided advocacy services to 35 clients, counseling and emotional support services to 33 clients, and therapy services to 52 clients in the past two quarters. With the addition of two new staff members, STRIVE is planning to implement education about coping skills and trauma.

Regional Access & Mobilization Project, Inc. (RAMP)

Mental Health Services and Training



RAMP hired a bilingual (English and Spanish speaking) Mental Health Advocate. The newly hired Advocate will connect Spanish-speaking clients to services and is currently building partnerships with other WCCMHB organizations.



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Remedies Renewing Lives

Behavioral Health Clinician Program



The Remedies Renewing Lives Behavioral Health Clinician program provides both individual and group therapy as well as walk-in services. To support clients, this program makes community connections with other community partners and provides outreach and referral services.

Domestic Violence Therapy and Advocacy Project



Remedies Renewing Lives hired a project advocate for their Domestic Violence Therapy program. The project advocate provides services to domestic violence survivors such as talk therapy and advocacy services. Remedies plans to expand their program to include therapeutic services for additional survivors of domestic violence, not just those experiencing multi-victimization.

Rockford Park District

Hope and Healing with Horses at Lockwood Indoor Equine Center



The Rockford Park District published their available job openings online and advertised them within the community. They plan to break ground on the site in March for the Lockwood Indoor Equine Center.





Rockford Sexual Assault Counseling

Outreach Therapists



Rockford Sexual Assault Counseling’s (RSAC) outreach therapists connect with students wherever the student needs, whether that is at home, at school, or at the RSAC office. Therapists noticed that their clients experience improvement in a variety of ways, such as an increase in grades, more emotional balance, and less anxiety.

Rosecrance

Rosecrance Access to Care



The Rosecrance Access to Care program 199 psychiatric evaluations and 689 mental health assessments, which helped connect clients to the needed services. 70% of clients felt that they had an improvement in their education or employment goals; 80% reported that they experienced improvement in their housing stability; 64% reported that they felt an overall improvement in their recovery from a mental illness.

Nursing staff at Rosecrance began providing Nurse Clinic visits in June and have provided 163 Nurse Clinic visits as of the end of Quarter 2. At these visits, nurses monitor medication efficacy in children and adolescents. The Nurse Site visits help determine whether medication needs to be adjusted and coordinate care services.





Shelter Care Ministries

Jubilee Community Outreach and Housing Stability Program



Through the Shelter Care Ministries Jubilee Housing Program, 34 clients were able to find and maintain stable housing. Staff provided education on topics such as budgeting and mental health and observed that clients were better able to stabilize their mental health and manage their finances.

Stepping Stones

Counseling Center



Stepping Stones increased public awareness of available services through community and public events and also launched their clinician internship program in January 2023. Therapists utilize assessments and screenings to understand their clients to provide them with the services they need.

Expansion of Supervised Housing for Adults with SMI



Stepping Stones continues to search for a location that would provide suitable housing for their Supervised Housing for Adults with serious mental illness.





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University of Illinois - Chicago

Compassionate Appreciation for Recovery in Everyone (CARE)



The University of Illinois - Chicago CARE program has hired a mental health coordinator to work with incarcerated individuals in the jail and upon their release to connect them to services. The CARE program has seen an increase in the number of their clients because of this coordination. The CARE program has also hired a social work aid to provide trauma-informed care training UIC College of Medicine Resources Family Medicine residents.

Winnebago County

Juvenile Detention Center - Reducing Isolation through Expanded Behavioral Health



The Juvenile Detention Center is in the hiring process for the Reducing Isolation through Expanded Behavioral Health program.

Juvenile Resource Intervention Center - Behavioral Health Implementation



The Juvenile Resource Intervention Center is in the hiring process for the Behavioral Health Implementation program.

Resource Intervention Center - Behavioral Health Expansion



The Resource Intervention Center is in the hiring process for the Behavioral Health Expansion program.



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Winnebago County Health Department

Trauma Informed Community Care Coordination



The Winnebago County Health Department Trauma Informed Community Care Coordination program hired a Case Manager/Care Coordinator using WCCMHB funds. The Case Manager/Care Coordinator will connect clients to mental health providers, provide information on available wraparound services, and promote a healthy response to trauma. Staff received training to identify trauma in clients and how to provide self-care when experiencing vicarious trauma.

Winnebago County Sheriff's Office

Behavioral Health Program



The Winnebago County Sheriff's Office - Behavioral Health Program has been making community connections and partners so that when incarcerated individuals leave the facility, they have support services and programs in place for them.

YMCA of Rock River Valley

Protecting Youth Mental Wellness



Group counseling is offered weekly to both elementary school children and teens. Many youths are engaged and excited about counseling, and the YMCA is receiving referrals from the local school districts. YMCA also plans to reach out to families and the community to help end the stigma about mental health services.



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Youth Service Network

Youth Trauma Clinic



The Youth Trauma Center has made strides to increase the availability of their services by hiring additional staff, extending their hours to be available 24/7, and by providing services in their offices, schools, and the community.

YWCA Northern Illinois

Mental Health Crisis Care Manager



YWCA hired a Mental Health Crisis Case Manager, and they are in the process of accepting referrals and clients for programs and services.



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