



WCCMHB

Winnebago County
Community Mental
Health Board

Winnebago County Community Mental Health Board Minutes

Date: Wednesday, January 4th, 2023

Time: 2:00 PM CST

Location: Region 1 Planning Council, 127 N Wyman Street, 2nd Floor, Rockford, IL 61101 or virtual at [Winnebago County Community Mental Health Board YouTube Page](#)

Called by: Mary Ann Abate: President

Members: Richard Kunnert: Vice President, Dr. Bill Gorski: Secretary, Wendy Larson-Bennett: Treasurer, Rev. Dr. K. Edward Copeland, Dr. Terry Giardini, Tim Nabors, Linda Sandquist

Director: Jason Holcomb, Region 1 Planning Council

Agenda:

A. Call to Order: President Mary Ann Abate called the meeting to order at 2:05 PM

B. Roll Call

- Mary Ann Abate: Present
- Dr. K. Edward Copeland: Absent
- Dr. Terry Giardini: Present
- Dr. Bill Gorski: Present
- Richard Kunnert: Absent at Roll Call, Voted in at 2:06 PM for Video Attendance
- Wendy Larson-Bennett: Present, Left at 3:08 PM and returned at 3:12 PM
- Tim Nabors: Absent
- Linda Sandquist: Present
- Jason Holcomb: Present
- Guests:
 - Chelsey Glatz, Nicole Bennett: Region 1 Planning Council
 - Rockford Barbell: Nick Votava
 - Rockford Park District: Lori Berkes-Nelson, Jennifer Winberg, Jay Sandine



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F. Actions Item (Schedule Change)

0. Richard Kunnert to Attend through Video

Motion: To allow Dick Kunnert participation by remote attendance.

- i. Raised by: Dr. Giardini
- ii. Seconded by: Dr. Gorski
- iii. Discussion: None
 - a. Motion **approved** by a unanimous vote of all Board Members present.
 - b. Absent Board Members: Dr. Copeland, Mr. Kunnert, Mr. Nabors

Richard Kunnert enters at 2:06 PM for Video attendance.

C. Public Comment

1. No Public Comment

D. Presentations

1. Rockford Barbell:

- i. Presenter: Nick Votava
- ii. Notes: Mr. Votava presented for the Boys & Girls Club of Rockford with the Rockford Barbell funded program "Youth Self-Regulation Program." Mr. Votava covered information on the program, including structure, demographics, evidence-based models, and each priority area: mental health treatment, family and community support, and client identification and outreach.
- iii. Board asked questions that Mr. Votava answered about the program. The Board discussed the target population.

E. Monthly Activity Report – December 2022

1. Jason Holcomb, WCCMHB Director, gave the December 2022 Activity Report.
 - i. Notes: Mr. Holcomb provided an update for the Mental Health Pathways Committee formed in partnership with Workforce Connection Pathway. The Board discussed ways to help address the workforce issue.



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F. Action Items

1. December 2022 Meeting Minutes

Motion: To approve the December 2022 Meeting Minutes.

- i. Raised by: Mrs. Sandquist
- ii. Seconded by: Dr. Gorski
- iii. Discussion: None
 - a. Motion **approved** by a roll call vote
 - Dr. K. Edward Copeland: Absent
 - Dr. Terry Giardini: Aye
 - Dr. Bill Gorski: Aye
 - Richard Kunnert: Aye
 - Wendy Larson-Bennett: Abstain
 - Tim Nabors: Absent
 - Linda Sandquist: Aye
 - Mary Ann Abate: Aye



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2. Program Year 2022 – 2023 Special Conditions Met

Rockford Park District was asked to demonstrate their vision for their actual programming at the facility that the Board approved funding for the Lockwood Park Equine Center. Mr. Holcomb clarified that this is to meet the Special Condition for the \$500,000 to build the facility by developing a contract that demonstrates a multi-year commitment to mental health programming. Ms. Berkes-Nelson and Ms. Winberg gave an introduction to the video. Ms. Winberg presented about the program and how the sessions work. Board asked questions that Ms. Winberg answered about the program. Mr. Sandine spoke on the Rockford Park District’s history to get to this point and thank the Board.

Motion: To approve the special conditions for the Rockford Park District.

- i. Raised by: Mr. Kunnert
- ii. Seconded by: Dr. Giardini
- iii. Discussion: Discussion was before the motion.
 - a. Motion **approved** by a roll call vote.
 - Dr. K. Edward Copeland: Absent
 - Dr. Terry Giardini: Aye
 - Dr. Bill Gorski: Aye
 - Richard Kunnert: Aye
 - Wendy Larson-Bennett: Aye
 - Tim Nabors: Absent
 - Linda Sandquist: Aye
 - Mary Ann Abate: Aye



3. Updated “Program Year 2023 – 2024 Abstract Application Scoring Rubric”

Mrs. Bennett explained the update for the Abstract applications option to merge with continued funding requests. The Board asked questions for clarification which Mrs. Bennett answered.

Motion: To approve the updated “Program Year 2023 – 2024 Abstract Application Scoring Rubric.”

- i. Raised by: Dr. Gorski
- ii. Seconded by: Mrs. Sandquist
- iii. Discussion: Discussion was before the motion.
 - a. Motion **approved** by a roll call vote.
 - Dr. K. Edward Copeland: Absent
 - Dr. Terry Giardini: Aye
 - Dr. Bill Gorski: Aye
 - Richard Kunnert: Aye
 - Wendy Larson–Bennett: Aye
 - Tim Nabors: Absent
 - Linda Sandquist: Aye
 - Mary Ann Abate: Aye



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4. Communications Working Group Project Charter

Ms. Glatz presented and went over the Communications Working Group Charter with the goals and tasks, including the Mental Health Fair and Request for a Communications Specialist. The Board asked questions which Ms. Glatz and Mr. Holcomb answered. Mr. Holcomb clarified that the request for a Communications Specialist would be through the Region 1 procurement process and out of the Systems Coordination budget.

Motion: To approve the Communications Working Group Project Charter.

- i. Raised by: Mrs. Larson-Bennett
- ii. Seconded by: Dr. Giardini
- iii. Discussion: Discussion was before the motion.
 - a. Motion **approved** by a roll call vote.
 - Dr. K. Edward Copeland: Absent
 - Dr. Terry Giardini: Aye
 - Dr. Bill Gorski: Aye
 - Richard Kunnert: Aye
 - Wendy Larson-Bennett: Aye
 - Tim Nabors: Absent
 - Linda Sandquist: Aye
 - Mary Ann Abate: Aye



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G. Discussion Items

1. No Discussion Items

H. Other Matters

1. Other Community Reports or Models

- i. Notes: Mrs. Sandquist saw a presentation by Advanced Illinois, and they had a report with information that the Board should consider. Mrs. Sandquist will share that so the Board can review it. The Board discussed thinking about being creative to fill the gaps and dealing with the workforce shortage. Mr. Kunnert brought up the San Marcos apartments in Duluth, Minnesota, to help address the repeat users. The Board discussed looking at other models that could be used here. Mrs. Larson-Bennett suggested that there be an active pursuit of the next steps of targeting, planning, and identifying partners.

I. Adjournment

1. Motion: For Adjournment was carried. Adjourned at 3:37 PM
 - i. Raised by: Mr. Kunnert
 - ii. Seconded by: Dr. Gorski
 - a. Motion **approved** by a roll call vote
 - Dr. K. Edward Copeland: Absent
 - Dr. Terry Giardini: Aye
 - Dr. Bill Gorski: Aye
 - Richard Kunnert: Aye
 - Wendy Larson-Bennett: Aye
 - Tim Nabors: Absent
 - Linda Sandquist: Aye
 - Mary Ann Abate: Aye