



WCCMHB

Winnebago County
Community Mental
Health Board

Winnebago County Community Mental Health Board

Program Year 2021 - 2022

Program Descriptions

Board Descriptions

Winnebago County Community Mental Health Board

The purpose of the Winnebago County Community Mental Health Board (WCCMHB) is to plan, implement, and monitor a system of mental health and addiction services for Winnebago County residents suffering from serious mental illness and addictions. WCCMHB distributes sales tax proceeds to provide services to individuals whose illnesses prevent their functioning in age-appropriate social roles. The use of clinical, evidence-based practices allows individuals with serious mental illness and addictions to remain in the community while accessing their care needs.

½ Cent Sales Tax

In the 2020 Winnebago County primary election, there were 43,723 votes cast for the following question: "Do you support raising our community's sales tax one-half cent on a dollar to fund mental health services in our area?" The answer was a resounding... YES! Our community was willing to do something about the mental health crisis right here at home. When you spend two dollars, an additional penny is exclusively earmarked for community mental health and substance use disorder services in Winnebago County. The half-cent tax will raise an estimated 12 to 14 million dollars each year.

Program Year 2021 - 2022

Funding totaling \$8.8 Million will support priority areas of mental health treatment, case management, crisis response services, and family and community support. The target populations are infant and early childhood mental health, severe emotional disturbances in children, serious mental illness in adults, and substance abuse disorder in all ages.

More information such as links and contact information for each program can be found at www.r1planning.org/wccmhb-funded-programs

Children's Home and Aid - Winnebago County Doula Program

The Doula Program through Children's Home and Aid proposes adding two additional doulas, or trained professionals who provide continuous physical, emotional and informational support to a mother before, during, and shortly after childbirth to assist new, young mothers with attachment, regulation and other common issues that arise during the perinatal period.

Children's Home and Aid - Early Prevention in the Community EPIC

Children's Home and Aid's Early Prevention in the Community (EPIC) Program will aim to hire three new licensed therapists and one intake coordinator to provide trauma-informed individual and group counseling for students in the Harlem Unit School District 122 to reduce symptoms of trauma and allow students to fully engage in both school and community.

City of Rockford - The Mental Health Co-Responder Program

This initiative changes the way law enforcement traditionally responds to behavioral health crises by including a mental health clinician on the initial response, while also providing follow up services to link individuals to the care they need.

The Mental Health Co-Responder Program will be an initiative aimed at helping individuals with mental illness and substance abuse disorders, and in partnership with WCCMHB will develop an evidence-based/best-practice design for the program.

Crusader Community Health - Crusader Behavioral Health Services Expansion

Through the Crusader Behavioral Health Services Expansion at Crusader Community Health, three full-time licensed Behavioral Health Providers will be hired to provide increased mental health services for children, adolescents, adults, and families with behavioral health needs. Additionally, telepsychiatry services will be developed and implemented to provide diagnostic evaluation, medication management, in-service trainings, and consultation services for adult patients. A Behavioral Health Certified Medical Assistant will provide patient care, case management, and will support psychiatry and behavioral health staff. Finally, a Behavioral Health Case Manager will support and provide case management for patients receiving MAT services as well as providing coordination, collaboration, advocacy, and support for patients and families with complex needs.

Family Counseling Service of Northern Illinois - Expansion of Therapist and Additional Training and Office Space

Family Counseling Services program will aim to hire five full time equivalent professional counselors and one administrative staff member to provide additional trauma-informed counseling services. Funds will also be used to train new and old staff members in HIPAA compliance, domestic violence, trauma-informed care, and telehealth as well as expand current office space.

Regional Access and Mobilization Project, Inc. (RAMP) - Independent Living Services and Training

The Independent Living Services and Training program through Regional Access and Mobilization Project, or RAMP, will partner with a number of community organizations to provide mental health training and advocacy. RAMP will also provide services that support and assist families.

Remedies Renewing Lives - Domestic Violence Program Therapy and Advocacy Project

The Therapy and Advocacy Project of Remedies Renewing Lives domestic violence program includes a full-time therapist and advocate to provide immediate and on-going therapeutic and advocacy-based crisis support with survivors accessing the agency's 24-hour emergency shelter and/or non-residential programming. Services will also address case management needs, linkage with area resources and safety planning. All services are confidential, free of charge, and will be provided in a manner that supports autonomy. It is projected that 100 adult survivors will be supported by funding from the Winnebago County Community Mental Health Board.

Remedies Renewing Lives - Position to Provide Mental Health/Case Management Services for Substance Abuse Clients

The Mental Health and Case Management Services Project of Remedies Renewing Lives will provide for an additional licensed mental health clinician for the agency's substance use disorder program. In addition to therapeutic support, the clinician will provide enhanced case management services with clients struggling with mental health. The project also aims to expand and enhance Remedies Renewing Lives substance use disorder family programming and services.

Rockford Sexual Assault Counseling - Outreach Therapist

With grant funding from the Winnebago County Community Mental Health Board, Rockford Sexual Assault Counseling would hire an outreach therapist to provide full-time counseling at local schools to support child and adolescent survivors confidentially, in a continuum of care, and in a supportive environment.

Rosecrance, Inc. - Rosecrance Access to Care

Rosecrance's program, Access to Care will propose hiring nearly twenty full time equivalent staff members for three programs to increase mental health care in Winnebago County; Access to Care which provides care and case management to individuals aged 3-21; Community Psychiatry which provides diagnostic evaluation of diagnoses, medication, and recovery; and expanding service at the Rosecrance Mulberry Center that cares for individuals experiencing mental health or substance use crises.

Shelter Care Ministries - Jubilee Member Care Coordination

The Jubilee Member Care Coordination program proposes to expand services for adults who qualify for membership at the Jubilee Center to include outreach services, home-based visits, and case management services specifically for individuals who are housed by employing additional care coordinators.

Stepping Stones - Stepping Stones Counseling Center

Stepping Stones Counseling Center will provide compassionate, trauma-informed, value-based community mental health services to individuals and families facing mental and behavioral health barriers in Winnebago County. Mental Health Treatment Services and Case Management offered at the Center will expand and enhance mental health recovery options in Winnebago County. The goal will be to provide children, adolescents and adults with serious mental illness and serious emotional disturbances with Mental Health Treatment including Diagnostic Evaluation, Supportive Counseling, Medication Management and Case Management services in an individual, group or family setting.

University of Illinois College of Medicine - The CARE Program (Compassionate Appreciation for Recovery in Everyone)

The University of Illinois CARE program will build on a partnership with the Winnebago County Jail to provide services for formerly incarcerated people to receive mental health and substance use disorder treatment upon returning to the community.

Winnebago County Sheriff's Office - Winnebago County Jail Behavioral Health System - Enhanced

The Winnebago County Jail Behavioral Health System-Enhanced program through the Winnebago County Sheriff's Office will aim to expand the number of mental health and substance use service providers within the County Jail to provide additional mental health services, including suicide risk assessment and prevention services, for incarcerated individuals. Additionally, the newly hired service providers will help to connect individuals with community support and service providers upon discharge.

Youth Services Network - Youth Trauma Clinic (YTC)

Youth Services Network will utilize Winnebago County Community Mental Health funds to open a Youth Trauma Clinic that will provide trauma treatment through Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Play Therapy, and Motivational Interviewing with wraparound services for youth in the community. Additionally, this program will provide transitional living and mobile services for adolescents.